

7 Fundamental Principles	Fundamental Principles components	Related humanitarian values	7 Personal skills
Humanity	<ul style="list-style-type: none"> • Alleviate and prevent suffering • Protect life and health • Assure respect for and protection of the individual 	<ul style="list-style-type: none"> • Active goodwill and care • Human dignity and well-being • Mutual understanding and peace 	<ul style="list-style-type: none"> – Empathy – Active Listening – Critical thinking and non-judgement – Nonviolent communication – Collaborative negotiation and mediation – Personal resilience – Inner peace
Impartiality	<ul style="list-style-type: none"> • Non-discrimination • Actions are solely guided by needs, proportional to the degree of suffering and prioritised on the basis of urgency • No individual action or decision on the basis of prejudice or personal preference 	<ul style="list-style-type: none"> • Equality • Respect for diversity • Objectivity and openness 	
Neutrality	<ul style="list-style-type: none"> • No taking sides in armed conflicts • No engagement in controversies of a political, racial, religious or ideological nature 	<ul style="list-style-type: none"> • Confidence (trust) • Self-control and discipline • Freedom of action and objectivity 	
Independence	<ul style="list-style-type: none"> • Not letting political, economic, social, religious, financial, public pressure interfere or dictate RCRC line/action • Auxiliary to public authorities • Maintain autonomy to be able to act in accordance with the Fundamental Principles 	<ul style="list-style-type: none"> • Sovereignty • Co-operation • Freedom of action and confidence 	
Voluntary service	<ul style="list-style-type: none"> • Freely accepted commitment • No desire for gain • Selflessness 	<ul style="list-style-type: none"> • Spirit of altruism and generosity • Spirit of service • Spirit of responsibility and discipline 	
Unity	<ul style="list-style-type: none"> • One National Society per country • Open to all • Active in entire country 	<ul style="list-style-type: none"> • Harmony and cohesion • Diversity and pluralism • Confidence 	
Universality	<ul style="list-style-type: none"> • Universal vocation • Equality of National Societies • Solidarity 	<ul style="list-style-type: none"> • Openness to all in the world • Co-operation • Mutual assistance 	