Learning platform

Community-based health and first aid

A Red Cross Red Crescent
Learning platform course

The Learning platform is part of the Red Cross Red Crescent Learning Education and Training (LET) Hub. The LET Hub provides an overview of and access to a wealth of personal and professional development opportunities, grounded in the 150 years of Red Cross Red Crescent knowledge, insights and experience. The LET opportunities are free or highly cost effective, multilingual and available to every volunteer and staff member in the Red Cross Red Crescent Movement as well as partners and the general public. The LET Hub provides a learning community for peer-to-peer exchange globally and locally.

Nancy Okwengu / IFRC

For more details on the LET Hub, please contact the learning and research team at the IFRC or follow the learning network by clicking on the following:

register for
our newsletter

www.ifrc.org
Saving lives, changing minds.

International Federation
of Red Cross and Red Crescent Societies

Course overview

Name

Community-based health and first aid (CBHFA) e-learning course

Description

Keeping in mind the various target groups, the course has been developed as a set of four modules, namely:

- Module 1: Introduction
- Module 2: Volunteer action
- Module 3: Facilitation
- Module 4: Implementation

Each of the eModules are divided into smaller topics and can be completed in stages. There is a quiz at the end of each module to check your learning, and a certificate confirming completion of the course.

Learning objectives

The overall goal of the CBHFA e-learning course is to broadly promote the CBHFA approach and materials in a time-efficient and cost effective way. The course enables staff and volunteers to gain knowledge to deliver primary health care, first aid and emergency health preparedness at the community level. It can also be used as a refresher course.

Background

The CBHFA approach empowers volunteers and communities to take charge of their own health. By using simple tools adapted to local context, communities are mobilized to address their priority health needs. CBHFA goes beyond first aid and addresses health needs such as maternal, newborn and child health, noncommunicable diseases, urban health risks, malaria, and water sanitation and hygiene promotion among others. It provides a unique opportunity to develop and implement innovative healthcare projects and create healthy and resilient communities worldwide.

The CBHFA e-learning courses provide a wider audience with access to CBHFA materials and training which they would not be able to access otherwise.

Intended audience

The four modules of the CBHFA e-learning have been developed for National Society master facilitators and facilitators, volunteers, programme managers and IFRC and PNS delegates as well as for anyone else who is interested in gaining knowledge of this approach and contribute towards creating healthier and resilient communities.

Content

- *Community-Based Health and First Aid (CBHFA) eModule 1: Introduction*
  - This eModule provides an overview on the CBHFA approach and will also familiarize you with the other related learning materials.

- *Community-Based Health and First Aid (CBHFA) eModule 2: Volunteer Action*
  - This eModule will give you the knowledge you need to work as a volunteer in CBHFA.

- *Community-Based Health and First Aid (CBHFA) eModule 3: Facilitation*
  - This eModule provides the knowledge you need to train volunteers in community-based health and other programmes.

- *Community-Based Health and First Aid (CBHFA) eModule 4: Implementation*
  - This eModule will show you the steps for implementation at both national and community levels.

Duration

- Module 1: Introduction (20 minutes)
- Module 2: Volunteer action (80 minutes)
- Module 3: Facilitation (60 minutes)
- Module 4: Implementation (60 minutes)

Languages

The course is currently available in English. French and Spanish versions will be available as of December 2013.

www.ifrc.org/learning-platform

Register for the course

Email to a friend/colleague

Practical Information	In brief	FAQ	Resources

Practical information

Find the course

The link to this course can be found under "Suggested Learning Opportunities" once you are logged into the Learning platform. Access to the course requires registration on the Learning platform first.

You can also carry out a "Search" for the course using the powerful search function in the Learning platform.

Register with the Learning platform

If you have not done so already, please register with the learning platform at www.ifrc.org/learning-platform. If you require support, in the first instance, please take a look at this video to understand better how to create your own user profile.

Launch the course

1 After registering with and logging into the Learning platform, search for the "CBHFA" courses in the language you wish to take it in.

2 You must disable the pop-up blocker function in your internet browser – the course will not work properly if this is not done.

3 Launch the course.

4 If the forward arrow cannot be seen in the bottom right hand corner of the screen, or only part of the arrow appears, you will need to alter the computer's screen resolution.

5 Enjoy the course and let us know your experiences and its value to your work.

Practical Information	In brief	FAQ	Resources

The Red Cross Red Crescent Learning platform in brief

www.ifrc.org/learning-platform

The Red Cross Red Crescent Learning platform is an online learning community for Red Cross Red Crescent National Society volunteers and staff as well as partners and the general public. It delivers free, high-quality, self-directed, multilingual Red Cross Red Crescent and other learning opportunities to support the personal and professional development of volunteers and staff. Alongside the learning materials, the Learning platform has various social learning tools including communities, forums and wikis through which to learn from and collaborate with peers.

The Learning platform's rapidly growing global community of many tens of thousands of learners from all National Societies consistently achieves industry topping completion rates of above 50 per cent across its courses.

The Learning platform is a core part of the Red Cross Red Crescent Learning Education and Training (LET) Hub (www.ifrc.org/learning) which provides a window to a variety of appropriate, high quality online training and learning opportunities including those found on the Learning platform. We encourage all National Society volunteers and staff to explore, use and share these as widely as possible among friends and colleagues.

The Course Catalogue for the Learning platform is available here.

Registration, access to and use of the Learning platform is free.

Practical Information | **In brief** | **FAQ** | **Resources**

Frequently asked questions

I can see the course welcome page but nothing happens when I click on the link…

You will need to disable your pop-up blocker or create an exception for the Learning platform site (www.ifrc.org/learning-platform) so that new windows can be launched.

You can find help on how to carry this out here: https://host.softworks.ca/Agate3/blocker/disable-blockers.htm

My course seems to have disappeared from the platform. What do I do?

It may be that your course has been archived (probably not intentionally). You will need to re-activate it before being able to continue the course.

To reactivate a course, please follow these steps:
1. In the "Learn" tab of the Learning platform, click the blue round button. This will enable you to access archived training.
2. Click on the title of the course that you would like to bring back to your regular training record.
3. At the bottom of the course description/information, you will find a button which says "Activate." Click it.
4. Once it is done, you may need to click again on the blue button and select your training record.

Where can I find my certificate?

After you have finished taking the quiz at the end of each of the emodules you receive two kinds of certificates:
1. A Learning platform certificate with your name, course title, and the date of completion.
2. A CBHFA gold, silver or bronze certificate indicating the emoudle you have completed and your score.

You will also be able to print a certificate by opening your curriculum and clicking on the "certificate" link that will appear after completion of all items on the course. You are advised to save your certificate electronically.

How long does it take to complete the course and the test?

Depending on your previous knowledge of CBHFA, how many emodules you are taking and fluency in the language, it can take approximately 20 minutes to 3.5 hours to complete the course(s).

- Module 1: Introduction (20 minutes)
- Module 2: Volunteer action (80 minutes)
- Module 3: Facilitation (60 minutes)
- Module 4: Implementation (60 minutes)

The quiz at the end of each section should take about 10 to 15 minutes.

How much time do I have to complete the course once started? How can I save my progress?

Unless you are taking the course because it is a prerequisite for being a volunteer or staff member in your branch or National Society offices, you have as long as you want to complete the course. When you log back into the Learning platform and the course, you can start from where you left off. Once completed, you are free to go back to the part that you want, to find resources or prepare for the test.

Must I take the final test in one go?

Yes, it takes about 10 to 15 minutes. After each of the emodules you will need to take a quiz. You will receive your quiz results as a number of the answers you answered correctly.

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Practical Information	In brief	FAQ	Resources

The CBHFA elearning has several benefits: [it] gives the student the option to work at his own pace; [you] can review the previous slides; content is kept simple and easy to use and understand; [it is] fun and interactive.

Ria Sooknarine, Volunteer, The Trinidad and Tobago Red Cross Society

Resources

The following CBHFA materials and tools are available electronically and can be found at:

ifrc.org/en/what-we-do/health/community-based-health/

→ *Implementation guide for community-based health and first aid in action (CBHFA)*

→ *Volunteer manual for community-based health and first aid in action (CBHFA)*

→ *Facilitator guide for community-based health and first aid in action (CBHFA) – Volume one*

→ *Facilitator guide for community-based health and first aid in action (CBHFA) – Volume two*

→ *Healthy lifestyle module*

→ *Community-based health and first aid (CBHFA) and violence prevention module*

→ *Behaviour change communication (BCC) for community-based volunteers – Trainer's manual*

→ *Behaviour change communication (BCC) for community-based volunteers – Volunteers' manual*

→ *Planning Monitoring Evaluation and Reporting (PMER) toolkit*

video

Agostino Pacciani/IFRC

The CBHFA elearning video will be available soon

www.ifrc.org/learning-platform

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Register for the course

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