

Appeal 2005



International Federation
of Red Cross and Red Crescent Societies

LESOTHO

Appeal no. 05AA010

The International Federation's mission is to improve the lives of vulnerable people by mobilizing the power of humanity. The Federation is the world's largest humanitarian organization, and its millions of volunteers are active in over 181 countries. All international assistance to support vulnerable communities seeks to adhere to the Code of Conduct and the Humanitarian Charter and Minimum Standards in Disaster Response, according to the SPHERE Project.

This document reflects a range of programmes, objectives, and related activities to be implemented in 2005, and the corresponding funding requirements. These are based upon the broader, multi-year framework of the Federation's Project Planning Process (PPP). The PPP products are either available through hyperlinks in the text, or can be requested through the respective regional department.

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Click on the title below to go to the relevant text; click on the figure to go to the programme budget

	2005 in CHF
Programme title	
Strengthening the National Society	
Health and care	266,555
Disaster management	48,952
Organizational development	59,329
Total	374,836¹

¹ USD 297,700 or EUR 241,400.

National Context

Lesotho is a small country (30,355 square kilometres), landlocked by the Republic of South Africa. It has a population of approximately 2.2 million and a per capita gross domestic product of USD 2,420. The country is largely mountainous with four agro-climatic zones (lowlands, foothills, mountains and the Senqu valley) with very little arable land.

This has caused over-population in marginal areas that are also prone to drought. Food insecurity is critical in the country following three to four years of crop failure due to poor rains. This situation has been seriously aggravated by the prevalence of HIV/AIDS. The current HIV/AIDS prevalence rate of 28.9%, the country is going through a serious socio-economic crisis which worsened poverty levels and high unemployment. Although there seems to be a slight decrease from 2001, most of the infected are between the ages of 15-49, which poses a serious threat to the productivity of the country.



The level of dependency has dramatically risen and the number of orphans is estimated at 10% of the population.

Lesotho's economy is agro-based, complemented by light manufacturing industry and remittances from miners employed in South Africa. According to Turner (2004)², the declining labour opportunities in South Africa signal the end of the stable model of household livelihood that prevailed in Lesotho for the last century. Although it did little to alleviate poverty during that period, it was a source of income for young households. About 56.1% of the population lives below the income poverty line (USD 2 per day); consequently, their income levels are inadequate for basic food and non-food consumption.

Human Development Indicators at a Glance

Category	Lesotho	Sub-Saharan Africa	World
Total population (millions)	1.8	641.0	6,225.0
GDP per capita (USD)	402	469	5,174
Life expectancy at birth (years):Female - Male	39.0 - 33.3	n.a.	n.a.
Infant mortality rate, per 1,000 live births	64	108	56
Maternal mortality per 100,000 live births (adjusted ratio)(2000)	550	n.a	n.a
Population (%) with sustainable access to an improved water source (2000)	78	57	82
HIV prevalence (% , ages 15-49) (2003)	28.9	7.7	1.1
Adult literacy rate (% , ages 15 and above): Female - Male	90.3 - 73.7	n.a	n.a

Source: UNDP Human Development Report, July 2004: Human Development Index (pages 139-250). Refer to http://hdr.undp.org/reports/global/2004/pdf/hdr04_HDI.pdf Note: Data is 2002 unless noted above.

² Stephen Turner, Amsterdam, 29 April 2003. The southern African food crisis Lesotho literature review

Lesotho; Annual Appeal no. 05AA010

For ease of reference, the table below lists the standard abbreviations and references used in this Appeal.

CAS – Cooperation Agreement Strategies	OVC – Orphans and other vulnerable children
CHF – Swiss francs	PLWHA - Persons living with HIV/AIDS
HBC – Home-based care	PNS - Partner National Society(ies)
IDP – Internally-displaced persons	RDRT – Regional Disaster Response Team(s)
IEC – Information, Education, Communication	STI/ STD - Sexually-transmitted infections / diseases
Movement - International Red Cross and Red Crescent Movement.	VCA – Vulnerability and capacity assessment
	VCT – Voluntary counselling and testing
ARCHI 2010 – refer to http://www.ifrc.org/what/health/archi/	
ERU – Emergency Response Unit(s) Refer to http://www.ifrc.org/what/disasters/eru/	
FACT – Field Assessment and Coordination Team(s). Refer to http://www.ifrc.org/what/disasters/fact/	
Strategy 2010 – refer to http://www.ifrc.org/who/strategy.asp	
Ouagadougou Declaration – refer to http://www.ifrc.org/meetings/regional/africa/5thpac/5thpacde.asp	
Seville Agreement – refer to http://www.ifrc.org/meetings/statutory/ga/ga97/ga_97_8.asp	

Red Cross and Red Crescent Priorities

National Society Strategy/Programme Priorities:

The Lesotho Red Cross Society³ was legally established in 1967 by act of parliament (Act No 31 of 1967). The Lesotho Red Cross is regarded by the government as an independent voluntary relief organization, auxiliary to the public authorities especially in the areas of health, first aid, disaster preparedness and response. As clearly stipulated in its strategic plan, the vision is to become a widely recognized and unique leading voluntary organization in meeting the needs of the most vulnerable in Lesotho. This is in line with the mission of the Lesotho Red Cross which is, “to alleviate human suffering and to improve the quality of communities affected by both natural and man-made disasters”.

The priorities as highlighted in the strategic plan are reflective of the identified needs of the vulnerable people. The national society is striving towards building a well-functioning national society through rendering community-based interventions as well as strengthening the management and governance capacity through recruitment and retention of capable and committed staff and volunteers. To achieve this, emphasis is being made on the need to engage staff at all levels whose efforts can contribute efficiently and effectively in alleviating the suffering of the vulnerable communities.

It is the Lesotho Red Cross primary strategic issues to promote the efforts on the national society’s programmes, strengthening divisions’ potential to scale up membership; volunteer resource base and fundraising. Thus, resource mobilization initiatives will remain as fundamental forces behind these attempts.

Movement Context:

Subsequent to multiple problems that confronted Lesotho Red Cross in the mid-1990s which were later addressed through restructuring of the national society and instituting a rescue and recovery plan, Lesotho Red Cross has been working hard to rebuild its reputation and functionality with government and other national societies.

In 2002 a strategic plan 2002-2012 was developed and adopted by the national society. In 2004, a planning meeting took place to introduce a CAS process in Lesotho. The Norwegian Red Cross, German Red Cross and the Federation committed themselves to supporting the process and have agreed on a plan of action geared to the finalization of the CAS document at the end of 2005.

The German Red Cross through ECHO funding is supporting the Lesotho Red Cross programme of food parcels distribution to the chronically ill who clients of the home-based care (HBC) project in Berea division. Lesotho Red Cross has established a partnership with American Peace Corps for caring for carers within the HBC.

³ Lesotho Red Cross Society - <http://www.ifrc.org/where/country/check.asp?countryid=102>

Botswana; Annual Appeal 05AA010

A new relief project is being started in Butha Buthe division, targeting 1,000 out of school OVC. The Norwegian Red Cross is supporting bilaterally a five-year OVC project in Thaba-Bosiu starting in 2004. Additionally, the Norwegian Red Cross is supporting finance and organizational development activities as well as disaster management projects through the Federation.

Lesotho Red Cross is a partner of the WFP and is running a targeted food distribution in five divisions (Mokhotlong, Thaba Tseka, Qacha's Nek, Quthing and Mafeteng). This partnership is an opportunity for the national society to increase its capacity to implement food distribution programme, to improve the division structures through enhancing activities and the overall profile in the country.

Strengthening the National Society

Health and Care: HIV/AIDS

Background and Achievements

HIV/AIDS were declared a national disaster in Lesotho in 2000. The Federation facilitated the planning for a national society programme to improve the lives of PLWHA and their families and to work to prevent the spread of HIV/AIDS. This programme began in 2003 and is supported through the Federation and bilaterally by the German Red Cross and the Norwegian Red Cross. Another major partner is the government of Lesotho.

The HBC programme operates in four districts. A total of 100 HBC volunteers provide care and support for 1,600 clients. Nutritional gardens were established in all four districts and over 500 OVC were supported with clothing, educational material and social support.

Drama groups and peer education disseminated prevention messages in Mafeteng district. Condoms are distributed throughout the country by national society branches. A total of 14 youth clubs have been established in Maseru district.

Volunteers were trained in counselling and memory work in 2004 with assistance from Federation and the U.S. Peace Corps; they will implement these aspects of the programme in 2005. Negotiations with the WFP in 2004 have secured food supplies for three of the HBC projects, funding is required to provide food to clients in the other district.

The national society collaborates with sectoral agencies and the government including district AIDS task forces. Through negotiations with the social welfare department, the government has agreed to provide free medical services to HBC clients.

In 2005, the Federation will support two of the HBC projects, the other two will be supported by the German Red Cross bilaterally. The Federation will support OVC in three districts and will support the prevention activities. HBC projects will expand in 2005, serving 2000 clients and scaling up OVC activities both in terms of numbers of children supported and in services provided.

The Federation regional HIV/AIDS support team will continue to provide technical support to the national society HIV/AIDS project in the form of monitoring and support visits and training. Funding for this project is provided through the regional HIV/AIDS Appeal support.

Approximately two-thirds of the HIV/AIDS programme budget is covered in 2005 through the consortium funds secured through the regional HIV/AIDS programme. The Federation seeks the remainder (approx. CHF 55,000) through this Appeal.

Goal: Sustainable improvement in health and well being of targeted vulnerable populations

Objective: The quality of life of 2,000 PLWHA, 1,000 OVC is improved and the risky behaviour of 2,000 youths is reduced.

Lesotho; Annual Appeal no. 05AA010

Expected Results:

- A total of 2,000 PLWHA and their families receive care and support.
- A total of 1,000 OVC receive educational, material, psychological and social support.
- Clients have access to VCT and medical care.
- PLWHA and OVC benefit from income generating projects and nutrition gardens.
- A total of 2000 youths are reached with prevention messages.
- The capacity of the national society to manage, implement, monitor and evaluate its HIV/AIDS project is strengthened.

<Refer to the Logical Framework Planning Matrix: Lesotho Health-HIV/AIDS>
http://www.ifrc.org/cgi/pdf_appeals.pl?annual05/logframes/africa/05AA010HH.pdf

Health and Care: First Aid

Background and Achievements

First aid is one of the oldest programmes within Lesotho Red Cross and is designed to prevent loss of life caused by accidents, household hazards, man-made and natural disasters in order to improve the quality of life and enhance self-reliance in community. Lesotho Red Cross' mandate is to provide training in commercial and community-based first aid.

Based on the country's topography, inaccessibility of roads, inadequate health facilities and the problem of HIV/AIDS pandemic in the country, the national society has identified a need to empower the divisions, branches and headquarters with first aid skills and knowledge that will enable them to provide services and conduct trainings at all levels.

In 2003, the national society conducted over 20 courses and issued 550 first aid certificates. The trainees included police and prison staff and national society HBC volunteers. The national society provides first aid services at national events. Volunteers who have received first aid training go on to form action teams that are mobilized during disasters.

The draft of a new traffic bill contains a clause that all drivers need to obtain first aid training. This was success for national society advocacy.

Goal: Improved and maintained health status of vulnerable communities in the underserved areas through preventive, promotive and curative health care and rehabilitation.

Objective: Community and commercial first aid training is promoted in the ten districts of the country.

Expected Results

- First aid training integrated into other national society programmes.
- First aid services provided during conflict and non-conflict emergency situation.
- Lesotho Red Cross members are equipped with skills and knowledge to handle first aid services and are able to generate income through first aid.
- Learn to swim and rescuing methods for youth at one pilot division.

<Refer to the Logical Framework Planning Matrix: Lesotho Health-First Aid>
http://www.ifrc.org/cgi/pdf_appeals.pl?annual05/logframes/africa/05AA010FA.pdf

Disaster Management

Background and Achievements

Lesotho Red Cross has responded to a number of man-made and natural disasters since its establishment in 1967. In the past two years, Lesotho was affected by famine and drought that led to declaration of a disaster. With assistance from the Federation and PNS, Lesotho Red Cross has been able to contribute significantly towards alleviating this situation. From 2003, Lesotho Red Cross has also enjoyed good partnership with government and other non-governmental agencies whose efforts are geared towards disaster management and assisting the most vulnerable in the communities.

Lesotho Red Cross is a member of the National Vulnerability Assessment Committee (VAC) and National Famine Relief Committee and its intervention in disaster situation has received great appreciation in the country. In 2004, Lesotho Red Cross signed a partnership with WFP to distribute food in the most affected districts of Mokhotlong, Thaba-Tseka, Qacha's Nek, Quthing and Mafeteng. Through a bilateral agreement with German Red Cross funded by ECHO, approximately 2,000 HIV/AIDS and terminally ill patients have been receiving food parcels in the Berea district. Support has also been earmarked for 1,000 OVC in Butha-Buthe through the food security projects. The project will run for a period of six months. In an effort to promote integration with other programmes, assistance was received from the regional HIV/AIDS programme to support OVC and HIV/AIDS affected people with garden tools and seeds for self-reliance (horticultural project) in Leribe and Berea districts.

To build the national society human resource capacity, three people from Lesotho Red Cross participated in the regional VCA training of trainer's workshop in January 2003. The training gave the national society an opportunity to improve its programming and targeting of beneficiaries. Another three members of staff, one of whom was the Disaster Management Officer recruited in August 2003, participated in the RDRT training in Malawi, a move that should see improved human resource capacity for disaster management within the national society. A basic disaster management training workshop with 22 participants was held during the first week of December 2003 which equipped the participants with disaster management knowledge, skills and attitudes. A total of 35 action teams were established in nine divisions as a result of the capacity building received through various disaster management training.

Lesotho Red Cross received funding from Norwegian Red Cross through the Federation to finalize the disaster management policy and establish horticultural projects in Mafeteng and Maseru aimed at ensuring food security in families of OVC and HBC clients.

It is against the above background and lessons learnt that Lesotho Red Cross is focusing at strengthening the disaster management capacity by conducting training for division staff and volunteers. Customized community-based disaster management initiatives will be given priority in 2005 so as to promote disaster risk reduction.

Goal: Lesotho Red Cross is adequately prepared to respond to disasters afflicting the most vulnerable people.

Objective: The disaster management capacity of the Lesotho Red Cross is strengthened through the development of human resources that can facilitate the design and implementation of risk reduction programmes.

Expected Results:

- VCA training is carried out in one selected district in 2005.
- Timely and appropriate community response in times of disasters is increased.
- Ensure that Lesotho Red Cross has well managed emergency stocks.
- Improved food security to the most vulnerable population.

<Refer to the Logical Framework Planning Matrix: Lesotho Disaster Management>
http://www.ifrc.org/cgi/pdf_appeals.pl?/annual05/logframes/africa/05AA010DM.pdf

Humanitarian values

Background and Achievements

The Lesotho Red Cross information dissemination department has been supported by the ICRC and the Federation for the past ten years. The main responsibility of the department is publicizing the activities of the national society and promoting the humanitarian values and fundamental principles of the Movement. This is done through the production of information leaflets, media press releases, a weekly radio programme and talk show and the national society's bi-annual 'MOITHAOPI' newsletter.

There is increasing understanding of the emblem and the fundamental principles as well as the mission of the International Red Cross and Red Crescent Movement. This was realized from the phone-in radio programmes where listeners are asked questions on the Red Cross. A video CD and tape was produced following the success of the 2004 World Red Cross and Red Crescent Day celebrations in Lesotho.

Through the technical assistance of ICRC and Federation all ten divisional secretaries and members of the National Executive Committee were taught the fundamental principles, history of the Movement and Lesotho Red Cross and the emblem use.

There is integration of information dissemination on the history of the Movement, the emblem and fundamental principles at every workshop into all the programmes. The national society has realized the need to improve and develop measures to disseminate information to the rural areas by training divisional disseminators and also developing dissemination kits and guidelines. However there is need for continuous training of new members of the National Executive Committee and divisional chairpersons who are responsible for volunteer recruitment and dissemination activities at divisional level.

With sufficient financial support, the national society can fulfil one of the core values which is to "to promote the Movement's fundamental principles and humanitarian values".

Goal: The Movement's fundamental principles and humanitarian values are gradually known and respected throughout the country.

Objectives: To build a positive image of the national society.

Expected Results:

- Increased understanding and support of the Red Cross work.
- Increased level of dissemination of the fundamental principles and the use of the emblem countrywide.
- An expanded volunteer database.

<Refer to the Logical Framework Planning Matrix: Lesotho Humanitarian Values>

<http://www.ifrc.org/cgi/pdf_appeals.pl?annual05/logframes/africa/05AA010HV.pdf>

Organizational Development

Background and Achievements

Lesotho Red Cross has been focusing on implementing the Strategic Plan for 2002-2012 and the rescue and recovery plan. Through the recovery process the Lesotho Red Cross has been able to deploy competent staff from the headquarters to three divisions of Berea, Leribe and Mafeteng to strengthen these divisions in line with the strategic plan. Quthing and Butha-Buthe divisions which had been dormant for sometime have been revived with divisional secretaries appointed in 2003 and 2004 respectively.

Lesotho Red Cross has also been able to construct offices for two Divisions of Thaba-Tseka and Quthing with the financial assistance from the British High Commission. Skills development training for all the staff in PPP was done with technical facilitation from the Federation Regional Delegation in Harare. The PPP training has assisted the participants in building their skills and knowledge on writing project proposals. The divisions have this year been able to contribute effectively in preparation of the 2005 Appeal.

As part of the key strategies towards building a well functioning national society, Lesotho Red Cross conducted a job evaluation, performance management and audit exercise. The national society will focus on implementing the results of these assessments. Thus the development of the divisional governing boards in governance issues such as roles and responsibilities will have to be undertaken in 2005. A special focus will be given to volunteer development in conjunction with branch development so as to strength the divisions' service delivery systems. The improved financial skills at headquarters have to be rolled out to the ten divisions in 2005 to bring them in line with headquarter standards. There is also need to train the divisional staff in financial management.

The national society has started developing the cooperation agreement strategy (CAS) with the technical support of the Federation. The Federation and partners have already received the strategic plan as a first step in the implementation of CAS.

Goal: Lesotho Red Cross has in place committed body of volunteers and staff as well as relevant structures that are sustained with appropriate leadership towards the promotion of a well-functioning national society.

Objectives: Change strategy towards increasing capacity at all Lesotho Red Cross levels is effective.

Expected Results:

- Visibility and capacity of the national society is increased.
- Vulnerability capacity assessment has been carried out and response to the needs of the vulnerable people is improved.
- Roles and responsibilities of volunteers are in place, carried out and response to the needs of the vulnerable people is improved.

<Refer to the Logical Framework Planning Matrix: Lesotho Organizational Development>

<http://www.ifrc.org/cgi/pdf_appeals.pl?annual05/logframes/africa/05AA010OD.pdf>

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<[Appeal budget below - Click here to return to title page](#)>

BUDGET 2005

PROGRAMME BUDGETS SUMMARY

Appeal no.: 05AA010

Name: LESOTHO

PROGRAMME:	Health & Care	Disaster Management	Humanitarian Values	Organisational Development	Coordination & Implementation	Emergency	Total
	CHF	CHF	CHF	CHF	CHF	CHF	CHF
Shelter & construction	0	0	0	0	0	0	0
Clothing & textiles	17,464	0	0	0	0	0	17,464
Food	10,000	0	0	0	0	0	10,000
Seeds & plants	0	0	0	0	0	0	0
Water & Sanitation	0	0	0	0	0	0	0
Medical & first aid	6,687	0	0	0	0	0	6,687
Teaching materials	26,654	0	0	0	0	0	26,654
Utensils & tools	2,000	0	0	0	0	0	2,000
Other relief supplies	16,864	0	0	0	0	0	16,864
SUPPLIES	79,669	0	0	0	0	0	79,669
Land & Buildings	0	0	0	0	0	0	0
Vehicles	0	0	0	0	0	0	0
Computers & telecom	0	2,500	0	5,000	0	0	7,500
Medical equipment	0	0	0	0	0	0	0
Other capital exp.	0	0	0	0	0	0	0
CAPITAL EXPENSES	0	2,500	0	5,000	0	0	7,500
Warehouse & Distribution	0	0	0	0	0	0	0
Transport & Vehicules	8,472	3,000	0	5,000	0	0	16,472
TRANSPORT & STORAGE	8,472	3,000	0	5,000	0	0	16,472
Programme Support	17,326	3,182	0	3,856	0	0	24,364
PROGRAMME SUPPORT	17,326	3,182	0	3,856	0	0	24,364
Personnel-delegates	0	0	0	0	0	0	0
Personnel-national staff	92,489	10,800	0	1,000	0	0	104,289
Consultants	3,372	0	0	0	0	0	3,372
PERSONNEL	95,861	10,800	0	1,000	0	0	107,661
W/shops & Training	17,204	24,500	0	24,000	0	0	65,704
WORKSHOPS & TRAINING	17,204	24,500	0	24,000	0	0	65,704
Travel & related expenses	9,108	2,600	0	8,200	0	0	19,908
Information	5,372	0	0	1,000	0	0	6,372
Other General costs	33,543	2,370	0	11,273	0	0	47,186
GENERAL EXPENSES	48,023	4,970	0	20,473	0	0	73,466
TOTAL BUDGET:	266,555	48,952	0	59,329	0	0	374,836