

DREF Bulletin Update



International Federation of Red Cross and Red Crescent Societies
Fédération internationale des Sociétés de la Croix-Rouge et du Croissant-Rouge
Federación Internacional de Sociedades de la Cruz Roja y de la Media Luna Roja
الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر

RUSSIAN FEDERATION: MINE BLAST IN KEMEROVO REGION

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The Federation's mission is to improve the lives of vulnerable people by mobilizing the power of humanity. It is the world's largest humanitarian organization and its millions of volunteers are active in 185 countries.

In Brief

Period covered by this update: 27 July to 26 September, 2007.

History of this Disaster Relief Emergency Fund (DREF)-funded operation:

- CHF 105,000 (USD 86,415 or EUR 64,760) allocated from the Federation's DREF on 27 March, 2007 to respond to the needs of this operation.
- This operation was expected to be implemented over six months and was planned to be completed by 25 September 2007. Nevertheless, the situation aggravated with people in need of psychological support increasing due to the second methane explosion at the Yubileinaya mine in Novokuznetsk. In addition, the situation assessment highlighted the importance of additional needs, and the Russian Red Cross (RRC) proposed to extend the operation within available funds. Under these circumstances, the timeframe of the operation is extended for an additional two months (until 25 November, 2007); a DREF Bulletin Final Report (narrative and financial) will be made available three months after the end of the operation (by 25 February, 2008).

The International Federation undertakes activities that are aligned with its Global Agenda, which sets out four broad goals to meet the Federation's mission to "improve the lives of vulnerable people by mobilizing the power of humanity".

Global Agenda Goals:

- Reduce the numbers of deaths, injuries and impact from disasters.
- Reduce the number of deaths, illnesses and impact from diseases and public health emergencies.
- Increase local community, civil society and Red Cross Red Crescent capacity to address the most urgent situations of vulnerability.
- Reduce intolerance, discrimination and social exclusion and promote respect for diversity and human dignity.

For further information specifically related to this operation please contact:

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All International Federation assistance seeks to adhere to the Code of Conduct for the International Red Cross and Red Crescent Movement and Non-Governmental Organizations (NGO's) in Disaster Relief and is committed to the [Humanitarian Charter and Minimum Standards in Disaster Response](#) (Sphere) in delivering assistance to the most vulnerable.

For longer-term programmes in this or other countries or regions, please refer to the Federation's Annual Appeal. For support to or for further information concerning Federation programmes or operations in this or other countries, or for national society profiles, please also access the Federation's website at <http://www.ifrc.org>

Background and current situation

On 19 March 2007, a methane explosion occurred at the Ulyanovskaya mine in Novokuznetsk, in the Kemerovo region of Western Siberia (Russian Federation). Of the 203 people who were in the mine at the time, rescue workers were able to save only 93 while 110 died in the explosion. Two months later, on 24 May, a second methane explosion occurred in Novokuznetsk at the Yubileinaya mine, 60 km from the site of the first explosion. Of the 217 people in the mine, 38 died in the collapse of the mineshaft and one miner died later at the hospital of burns and injuries. A total of 420 families were affected by the two accidents, 149 of which lost their principle wage-earner.

When the tragedy repeated itself with the second mine blast, the target group that needed psycho-social support increased, and the psychological problems of the miners' families aggravated. In addition, repeated strokes took place during memorable dates and other events significant for people such as Miners' Day, half year commemoration of the first blast, and start of the new school year. Local authorities and other governing bodies who were providing help to the victims at the initial stage ceased all activities due to six months already passing by since the first mine blast and four months since the second. Currently the Russian Red Cross (RRC), together with the International Federation of Red Cross and Red Crescent Societies (the International Federation), continue their psycho-social support operation in Novokuznetsk and in the other four settlements in Kemerovo region. 14 nurses and psychologists from the RRC Kemerovo branch provide psycho-social support to 420 families (over 1,000 people), through home visits and self-support groups.

Red Cross and Red Crescent action

Psychosocial support is offered to affected families and to the rest of the community, including those who pulled the dead and the injured from the mine and those miners who have returned to work after mines were reopened.

Goal: To minimize the psychological effects in the aftermath of the coalmine explosion by providing direct individualized psycho-social support to affected individuals and families.



Members of a psycho-social support team are getting prepared for home visits in Novokuznetsk

During the reporting period, 14 psychosocial support team members worked systematically with all the families which had lost a family member. Over two months, RRC employees made 417 home visits and accompanied affected families during their visits to cemeteries in order to commemorate their loved ones six months after the disaster.

RRC employees carried out 685 individual chats (from 40 minutes to three hours, depending on individual needs) with 415 family members. In addition, 186 people required regular meetings with psycho-social support workers. These figures increased in comparison to the data of the last reporting period as many family members returned home after vacations and medical treatments.

The topics of the individual chats have changed since the previous reporting period and currently include talks about day to day life in families and plans for the future, bringing up children under new circumstances, and creating good memories of those who have lost their lives in the disaster.

During the last two months, the RRC workers carried out only 119 consultations with family members. It is less compared to the previous reporting period as people were able to strengthen their coping mechanisms and started solving their problems on their own. Moreover, RRC workers have observed significant improvements in the emotional status of the beneficiaries and people from affected families have started to seek social activity.



Women play a vital role in the meetings of the support groups

In the reporting period, the RRC also strengthened its work with the families of miners who survived the accidents. Five meetings were held with three different target groups: elderly people, single parents, and teachers (each group included 4-15 people). These meetings will be continued on a regular basis as long as it is required by the participants. It is important to note that women play a main role in the support groups as they form 90% of the members.

In addition, the RRC started approbation of the new technology “psycho-social support through creative self expression” and plans to have 10 meetings where the participants can express their feelings and emotions through narration, literature, art, science, contacts with the nature etc. The first meeting was held on 21 September 2007, with the participation of 14 people.

During the whole operation, the RRC developed and printed 4,500 copies of different types of informational material related to psycho-social support (“Stress coping mechanism” – booklet (8 pages); “To parents about children in crisis situations” – booklet (6 pages); “If a disaster strikes” – poster). These materials had been distributed during group meetings, home visits and through educational, health and social institutions in Novokusnetsk and in the other four settlements where members of the target groups live.

The psycho-social support team continued its regular meetings to discuss problems and constraints in their work. To date, they have met four times, held two sessions in the Psychological Health Centre and participated in a workshop and master class in “usage of different measures for post-traumatic psychological syndrome”.

According to the situation assessment, people from Kemerovo region still require individual attention and understanding. This was one of the main reasons why the RRC decided to extend the operation timeframe with special focus on development of group work for self support. In addition, the National Society had an unspent balance and was not able to complete all the planned activities. It is envisaged that in the last two months of the operation, a 2-days workshop and at least 12 meetings of different target groups (covering about 150 participants) will be organised.

The focus group method used by the psycho-social support workers confirmed that the existing problems of target groups could be solved with the help of psycho-social support interventions, continuation of group works, search of resources, positive thinking, and attention on the feelings and emotional status of the group members.

Taking into account the fact that Kemerovo region is prone to mine accidents, it is important that the programme is sustainable. In line with this, the RRC has already started a fundraising campaign for long-term psycho-social support programme development.

[Interim financial report below; click here to return to the title page or contact information](#)

International Federation of Red Cross and Red Crescent Societies

MDRRU002 - RUSSIA - MINE BLAST KEMEROVO REGION

Interim Financial Report

Selected Parameters	
Reporting Timeframe	2007/3-2007/9
Budget Timeframe	2007/3-2007/11
Appeal	MDRRU002
Budget	APPEAL

All figures are in Swiss Francs (CHF)

I. Consolidated Response to Appeal

	Health & Care	Disaster Management	Humanitarian Values	Organisational Development	Coordination & Implementation	TOTAL
A. Budget		105,000				105,000
B. Opening Balance		0				0
Income						
<u>Other Income</u>						
<i>DREF Allocations</i>		105,000				105,000
C6. Other Income		105,000				105,000
C. Total Income = SUM(C1..C6)		105,000				105,000
D. Total Funding = B + C		105,000				105,000

II. Balance of Funds

	Health & Care	Disaster Management	Humanitarian Values	Organisational Development	Coordination & Implementation	TOTAL
B. Opening Balance		0				0
C. Income		105,000				105,000
E. Expenditure		-88,327				-88,327
F. Closing Balance = (B + C + E)		16,673				16,673

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III. Budget Analysis / Breakdown of Expenditure

Account Groups	Budget	Expenditure					TOTAL	Variance
		Health & Care	Disaster Management	Humanitarian Values	Organisational Development	Coordination & Implementation		
A							B	A - B
BUDGET (C)		105,000					105,000	
Supplies								
Food			8			8	-8	
Water & Sanitation			152			152	-152	
Medical & First Aid	621		620			620	1	
Utensils & Tools	615		421			421	194	
Other Supplies & Services	400		434			434	-34	
Total Supplies	1,636		1,635			1,635	1	
Transport & Storage								
Transport & Vehicle Costs	2,012		2,012			2,012	0	
Total Transport & Storage	2,012		2,012			2,012	0	
Personnel Expenditures								
National Staff	1,684		1,684			1,684	0	
National Society Staff	47,945		38,156			38,156	9,788	
Consultants	6,756		6,756			6,756	0	
Total Personnel Expenditures	56,385		46,596			46,596	9,789	
Workshops & Training								
Workshops & Training	21,030		15,232			15,232	5,798	
Total Workshops & Training	21,030		15,232			15,232	5,798	
General Expenditure								
Travel	9,905		8,537			8,537	1,368	
Information & Public Relation	2,192		2,191			2,191	1	
Office Costs	525		457			457	68	
Communications	4,290		2,570			2,570	1,720	
Professional Fees			177			177	-177	
Financial Charges	200		-45			-45	244	
Total General Expenditure	17,112		13,887			13,887	3,225	
Program Support								
Program Support	6,825		5,741			5,741	1,084	
Total Program Support	6,825		5,741			5,741	1,084	
Operational Provisions								
Operational Provisions			3,225			3,225	-3,225	
Total Operational Provisions			3,225			3,225	-3,225	
TOTAL EXPENDITURE (D)	105,000		88,327			88,327	16,673	
VARIANCE (C - D)			16,673			16,673		