

# Appeal 2003-2004



International Federation  
of Red Cross and Red Crescent Societies

## NAMIBIA

### Appeal no. 01.19/2003

*Click on programme title or figures to go to the text or budget*

|                               | 2003<br>(In CHF)           | 2004 <sup>2</sup><br>(In CHF) |
|-------------------------------|----------------------------|-------------------------------|
| 1. Health and Care            | 236,620                    | 250,000                       |
| 2. Disaster Management        | 147,674                    | 160,000                       |
| 3. Organizational Development | 58,190                     | 65,000                        |
| <b>Total</b>                  | <b>442,484<sup>1</sup></b> | <b>475,000</b>                |

### National Context

Namibia gained its independence in 1990 after decades of armed struggle. Since independence, increased instability due to the secessionist movement in the Caprivi region and the spill over of Angola's war into Namibia are issues that affect the country.

Namibia has little arable land and the country is in a recurring food-deficit; maize has to be imported annually. The country is prone to prolonged periods of drought and has few natural fresh water resources, which further exacerbate the food-production situation and increase the vulnerability of the population. In 1991-1992, the country experienced its worst drought in decades.

The population is largely rural with approximately 70% living in rural areas. 34.9% of the population lives below the income poverty line of USD 1 a day. Most of the rural population depends upon small-scale subsistence farming for survival. The combination of poverty and food insecurity adds to the level of malnutrition in the country with 33% of the people undernourished and highly vulnerable to disasters. Only 41% of the population have access to adequate sanitation and 77% to improved water sources. Hence, despite the comparatively good economic performance on a national scale, this is not felt by the majority of the population who have few resources and coping mechanisms to fend for themselves.

### Human Development Indicators at a Glance

|   | Namibia | Sub-Saharan Africa | World |
|---|---------|--------------------|-------|
| Life expectancy at birth (years)                | 44.7    | 48.7               | 66.9  |
| Adult literacy rate (% age 15 and above), 2000  | 82      | 61.5               | ~     |
| Adult literacy rate (female as % of male), 2000 | 98      | 77                 | ~     |

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<sup>1</sup> USD 303,063 or EUR 300,756.

<sup>2</sup> These are preliminary budget figures for 2004, and are subject to revision.

|  |       |       |       |
|--|-------|-------|-------|
| Combined primary, secondary and tertiary gross enrolment ratio (%), 1999 | 78    | 42    | 65    |
| GDP per capita (PPP\$), 2000   | 6,431 | 1,690 | 7,446 |
| People living with HIV/AIDS, adults (% age 15-49), 2001                  | 22.5  | 9     | 1.2   |
| Refugees (thousands), in/out, 2000                                       | 27/2  | ~     | ~     |

Source: UNDP HDR 2002

Alongside poverty and food insecurity, Namibia struggles with a high HIV/AIDS prevalence. Since the first cases of HIV/AIDS were reported in 1986, the number of new infections has increased dramatically. The decrease in life expectancy is mainly due to the HIV/AIDS epidemic. The negative impact on the economic production is a result of reduced productivity as HIV/AIDS affected people are unable to work. At the same time, the dependency ratio has increased as the number of orphans continues to grow.

Apart from HIV/AIDS, Namibia's major health problems continue to be: preventable childhood illnesses, tuberculosis and malaria, which affect both adults and children, as well as maternal and infant mortality.

### **National Society Priorities**

The Namibia Red Cross (NRCS) focusses its work and programmes on alleviating the suffering of vulnerable people in the country. The National Society is a member of the country's National Emergency Management Committee (NEMC) as well as the National and Regional AIDS Coordinating Committee. The NRCS also sees as its role to advocate to and influence policy makers, donor agencies and the general public of the plight of the most vulnerable people of Namibia. The Namibia Red Cross provides tracing services, especially to refugees and internally displaced people.

The NRCS is an active member of various internal governmental and civil society structures. The National Society has a small but active volunteer base which reflects the country's small population. Its structures at community level are in significant proportion of the country and placed to play a major role in the national response to the HIV/AIDS pandemic and food security issues. The National Society has a network of six regional offices and each region has a regional committee. The NRCS volunteer base of 4,000 is made up of youth volunteers, water project volunteers and branch committee members.

The mission of the Namibia Red Cross Society is to foster human dignity in all communities by addressing the basic needs of the people in the four core areas in accordance with the Federation's Strategy 2010 and the Fundamental Principles of the Red Cross Movement. The NRCS works in partnership with government ministries, other NGOs and the private and civil sectors to bring comfort, provide safe water, HIV/AIDS and health education, disaster response and preparedness to the most vulnerable people in the country.

The Namibia Red Cross has developed a draft Strategic Plan for the years 2001-2005, borne out of the annual general meeting held in August 2001. The draft Strategic Plan is the result of a consultative process involving NRCS through its national office, stakeholders and partners. The NRCS's strategic direction is well within the overall borders and framework of the Federation. The Strategic Plan is firmly rooted in the Federation's Strategy 2010, ARCHI 2010 and the Ouagadougou Declaration. In line with the Federation's key performance areas, the NRCS concentrates its strategic activities in four core areas of:

- Fundamental Principles and Humanitarian Values
- Disaster Response

- Disaster Preparedness
- Health and Care in the Community

As a support tool, NRCS is embarking on a tele-centre project, which will focus on following areas: disaster preparedness and disaster response, promotion of the Red Cross ideology and computer-based training. Tele-centres are strategically located facilities, providing rural and underdeveloped communities access to information computer-based services and applications. Tele-centres are regarded as an effective of bringing telecommunications to the rural areas. In operation it would be used to visit priority communities, spending several days at each community.

Key NRCS activities include: the production of an IEC (Information Education Communication) booklet on reproductive health and HIV/AIDS for youths, a national edu-tainment group, refugee camp management, home-based care programming and orphan support, reproductive health and the use of multimedia approaches to address health and development issues.

High staff turnover has been one of the main problems facing the National Society. The NRCS has acknowledged that human resource and capacity building is the key approach with a view to enhancing the National Society's ability to deliver services and undertake an advocacy role. The National Society concentrates its activities in four of the most vulnerable regions in the country. Ohangwena, Caprivi, Kavango and Kunene.

### **Red Cross and Red Crescent Priorities**

The Namibia Red Cross has a draft Cooperation Agreement Strategy (CAS) in place for the period 2002-2004. The document outlines the National Society's priorities and core focus areas and is a tool for the National Society and donors alike to support the National Society within its priorities.

#### **At a Glance**

|                            | <b>Year</b> | <b>Comment</b>  |
|----------------------------|-------------|---|
| Recognition                | 1992        | The Society was established through an act of parliament in 1992 and recognised by ICRC and admitted as a member of the International Federation in 1993. |
| Strategic Development Plan | 2001-2005   | The Strategic plan is in line with the Federation's Strategy 2010, ARCHI 2010 and the Ouagadougou Declaration.  |
| Appeal                     | yearly      | Linked to annual Federation appeal  |
| CAS                        | 2002-2004   | Draft to be finalised 2002  |
| Self-Assessment            | 2001        | Next assessment planned for 2003  |
| Elections                  | yearly      | Elections were held in June 2002  |
| Audit                      | yearly      | Periodic internal and external audit carried out  |

The Namibia Red Cross is currently working in partnership with several sister societies (including the American, Belgium, Canadian, German, Netherlands and Spanish Red Crosses), as well as with the Federation and ICRC. The NRCS also works with the European Union, DFID, the Dutch government, and Soul City, a South African NGO. The NRCS recently submitted an application for AIDS, TB and Malaria under a country Global Fund application. The most significant area of partnership is within HIV/AIDS as many donor societies are coming forward to support NRCS in this area.

The Southern Africa Delegation supports the NRCS to carry out its programmes through the provision of technical support in the areas of water and sanitation, health and care and organisational development. A challenge for Namibia has been the high number of refugees from the war in Angola. Through the Federation, the Namibia Red Cross has provided assistance to UNHCR in the running of a refugee camp for 8,000 people.

## Priority Programmes for Secretariat Assistance

In 2003-04, the Federation Secretariat will focus its support to the NRCS in the area of organisational development to ensure that the National Society has the optimal capacity to respond to the humanitarian needs throughout the country. The Federation will continue to support the building of capacity in the areas of Community-Based Health & Care and HIV/AIDS and particularly in Disaster Preparedness and Response where the National Society currently has very few ongoing activities.

### Primary Support from the Movement in 2002

| Partner     | Health | Relief | Disaster Management | Humanitarian Values | Organisational Development | Other |
|-------------|--------|--------|---------------------|---------------------|----------------------------|-------|
| ICRC        |        |        |                     | xx                  |                            |       |
| Federation* | xx     | xx     | xx                  | xx                  | xx                         |       |
| American RC | xx     |        |                     |                     |                            |       |
| Belgium RC  | xx     |        |                     |                     |                            |       |
| German RC   | xx     |        |                     |                     |                            |       |
| Spanish RC  | xx     |        |                     |                     |                            |       |

\*Federation support comes from Canadian RC.

## 1. Health and Care W [<Click here to return to the title page>](#)

### Background and achievements/lessons to date

Alongside poverty and food insecurity, Namibia is struggling with a high prevalence of HIV/AIDS. Accordingly, the NRCS' major component of Health and Care is HIV/AIDS but the National Society is also involved in commercial and community-based first aid pilot projects and reproductive health. The National Society intends to strengthen both the community- and commercially-based first aid to enhance HIV/AIDS activities and its related illnesses such as TB and malaria.

With the support of the Secretariat's Southern Africa Delegation, the NRCS started HIV/AIDS prevention activities more than two years ago. Home-based care was established in the Ohangwena region. The National Society continues to scale-up its activities in prevention and reaches more than 24,000 people with education on HIV/AIDS. The National Society is well known for its remarkable puppet power project (Edu-tainment groups), which has been very successful in disseminating information on HIV/AIDS to all age groups, regardless of literacy levels. The National Society also runs an Orphans and Vulnerable Children project targeting street children as well as a drop-in centre that provides counselling, recreation, basic food and first aid services.

### Overall Goal

A sustainable improvement in the general health and reduction in HIV/AIDS transmission of the targeted vulnerable communities through the provision of community-based health and care interventions.

### Programme Objective

To support the NRCS HIV/AIDS projects to reduce the transmission of HIV and to improve the quality of life for people living with HIV/AIDS and their families.

### Expected Results

- The capacity of the NRCS to design and implement health projects that contribute to the reduction of morbidity and mortality from common health problems is strengthened.
  - Five NRCS health staff trained and able to design, implement, monitor and evaluate CBHC projects.
  - Five first aid teams with 200 volunteers trained in two provinces.

- 5,500 families in target areas have received first aid training and are able to respond to common health conditions.
  - NRCS are members of the National Immunisation Committee and County coordination body.
  - Increased immunisation coverage in the targeted areas to 100%.
  - Proposal for malaria and TB developed by NRCS and submitted to GFATM.
  - NRCS have partnerships with other organisations.
2. Awareness and education on HIV/AIDS/STD prevention, transmission and mitigation is created and promoted.
- 200,000 youths and general population have received information on HIV/AIDS/STD in 13 districts in Namibia.
  - 500,000 condoms have been distributed.
  - 1,000 PLWHA have received home based care, support and counselling.
  - Five support groups established for PLWHA.
  - Community based orphan care projects established in six regions.
  - The NRCS is recognised both nationally and internationally as a key actor in the fight against HIV/AIDS, through advocacy and communications strategies directed at media and authorities.

## **2. Disaster Management W** [\*<Click here to return to the title page>\*](#)

### **Background and achievements/lessons to date**

During the past seven years, the NRCS has been involved in various disaster interventions and gained valuable experience and capacity, particularly at branch level. During the Angolan refugee programme (1999-2001), NRCS was the government-appointed distributor of all food and non-food items, administrator for water and sanitation as well as preventive health to approximately 25,000 refugees at Osire camp. This partnership came to an end by end of December 2001. The Federation participated as an advisory partner in all sectors. Through the Osire refugee camp programme, the NRCS built up their capacity in coordination, distribution, warehousing and reporting that is still in the National Society today. Having this capacity, but at the same time recognising weaknesses in other areas, the National Society has concentrated its capacity building efforts in areas such as HIV/AIDS prevention and care over the past three years.

Currently, NRCS has no active disaster management activities in progress and has recognised the need to strengthen this programme. The National Society has established its priorities in this area and a disaster management officer has been appointed to oversee the programme development and implementation. Focus for the programme will be to build the capacity of the National Society in disaster management including addressing issues of drought and food insecurity which continue to increase the vulnerability of the already vulnerable communities.

### **Overall Goal**

Implementation of characteristics of a well-prepared national society has improved the MRCS in the three key areas: know-how; capacity and performance.

### **Programme Objective**

Increased capacity of the NRCS in disaster management through the design and implementation of well-coordinated responsive programmes.

### **Expected Result**

Enhanced capacity of the NRCS in disaster management through capacity building and community empowerment.

- Disaster management policy and plan reviewed and operational by second quarter, 2003.

- VCA conducted, needs established by third quarter 2003.
- Staff and volunteers trained in appropriate disaster management by end of 2003.
- Comprehensive disaster management plan operationalised by end of 2003.
- Community-Based Early Warning System is in place and operational, benefiting the vulnerable communities by 2004.
- Improved disaster preparedness and response capacity.
- Appropriate basic emergency stocks pre-positioned in at risk areas.
- Sustainable food security initiatives incorporated into all national society priority programmes by end of 2004.

### **3. Organisational Development W** *<Click here to return to the title page>*

#### **Background and achievements/lessons to date**

The focus of Federation OD support to the NRCS in the previous two years has been to assist in the development of a strategic plan. A draft strategic plan has been in existence for over a year and was accepted (as a draft) by the AGM in August 2001, but still needs to be reviewed and be formally approved. The OD programme has also been working with NRCS in the area of branch development, but more needs to be done. Recently, the National Society has been very proactive in the area of finance development and is receiving support in introducing new financial software (in partnership with the regional ISM programme).

The NRCS wish to strengthen their national structures and improve their constitutional provisions. Efforts are also being made to reduce staff turnover, a feature that has constrained some capacity building opportunities offered by the Federation and other partners.

One of the overall objectives for Federation support to the NRCS in OD is to strengthen the National Society's institutional capacity and implement characteristics of a well-functioning national society. Capacity building efforts need to focus on organisational development to ensure that the National Society develops with the ability to respond to the humanitarian needs in the country and serve the vulnerable people in accordance with its mandate.

#### **Overall Goal**

Implementation of characteristics of a well-functioning national society has improved the NRCS in the three key areas: foundation, capacity and performance.

#### **Programme Objective**

Secretariat support has ensured National Society development to respond to the humanitarian needs in the country and serve the vulnerable people in accordance with its mandate.

#### **Expected Result**

The capacity of the NRCS to design and implement their strategic directions is improved.

- NRCS has an effective volunteer management in place.
- NRCS has functional branches in place that are actively participating in project implementation.
- NRCS has increased its financial resource base in both value and diversity.
- NRCS has in place effective financial management systems.
- NRCS human resource are managed effectively.

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# BUDGET 2003

## PROGRAMME BUDGETS SUMMARY

Appeal no.: 01.19/2003

Name: Namibia

PROGRAMME:

|                                 | Organisational<br>Development | Health & Care | Disaster<br>Management | Humanitarian<br>Values | Federation<br>Coordination | International<br>Representation | Total   |
|---------------------------------|-------------------------------|---------------|------------------------|------------------------|----------------------------|---------------------------------|---------|
|                                 | CHF                           | CHF           | CHF                    | CHF                    | CHF                        | CHF                             | CHF     |
| Shelter & construction          | 0                             | 0             | 0                      | 0                      | 0                          | 0                               | 0       |
| Clothing & textiles             | 0                             | 17,040        | 0                      | 0                      | 0                          | 0                               | 17,040  |
| Food                            | 0                             | 9,000         | 0                      | 0                      | 0                          | 0                               | 9,000   |
| Seeds & plants                  | 0                             | 0             | 0                      | 0                      | 0                          | 0                               | 0       |
| Water & Sanitation              | 0                             | 0             | 0                      | 0                      | 0                          | 0                               | 0       |
| Medical & first aid             | 0                             | 15,000        | 1,200                  | 0                      | 0                          | 0                               | 16,200  |
| Teaching materials              | 0                             | 15,000        | 0                      | 0                      | 0                          | 0                               | 15,000  |
| Utensils & tools                | 0                             | 1,400         | 0                      | 0                      | 0                          | 0                               | 1,400   |
| Other relief supplies           | 0                             | 12,000        | 5,000                  | 0                      | 0                          | 0                               | 17,000  |
| <b>SUPPLIES</b>                 | 0                             | 69,440        | 6,200                  | 0                      | 0                          | 0                               | 75,640  |
| Land & Buildings                | 0                             | 6,000         | 0                      | 0                      | 0                          | 0                               | 6,000   |
| Vehicles                        | 0                             | 0             | 0                      | 0                      | 0                          | 0                               | 0       |
| Computers & telecom             | 567                           | 0             | 0                      | 0                      | 0                          | 0                               | 567     |
| Medical equipment               | 0                             | 0             | 0                      | 0                      | 0                          | 0                               | 0       |
| Other capital exp.              | 0                             | 0             | 0                      | 0                      | 0                          | 0                               | 0       |
| <b>CAPITAL EXPENSES</b>         | 567                           | 6,000         | 0                      | 0                      | 0                          | 0                               | 6,567   |
| Warehouse & Distribution        | 0                             | 0             | 0                      | 0                      | 0                          | 0                               | 0       |
| Transport & Vehicules           | 2,791                         | 3,600         | 20,000                 | 0                      | 0                          | 0                               | 26,391  |
| <b>TRANSPORT &amp; STORAGE</b>  | 2,791                         | 3,600         | 20,000                 | 0                      | 0                          | 0                               | 26,391  |
| Programme Support               | 3,782                         | 15,380        | 9,599                  | 0                      | 0                          | 0                               | 28,761  |
| <b>PROGRAMME SUPPORT</b>        | 3,782                         | 15,380        | 9,599                  | 0                      | 0                          | 0                               | 28,761  |
| Personnel-delegates             | 19,200                        | 0             | 0                      | 0                      | 0                          | 0                               | 19,200  |
| Personnel-national staff        | 11,283                        | 106,800       | 16,285                 | 0                      | 0                          | 0                               | 134,368 |
| Consultants                     | 2,400                         | 3,000         | 0                      | 0                      | 0                          | 0                               | 5,400   |
| <b>PERSONNEL</b>                | 32,883                        | 109,800       | 16,285                 | 0                      | 0                          | 0                               | 158,968 |
| W/shops & Training              | 5,067                         | 9,300         | 57,630                 | 0                      | 0                          | 0                               | 71,997  |
| <b>WORKSHOPS &amp; TRAINING</b> | 5,067                         | 9,300         | 57,630                 | 0                      | 0                          | 0                               | 71,997  |
| Travel & related expenses       | 8,300                         | 6,900         | 7,960                  | 0                      | 0                          | 0                               | 23,160  |
| Information                     | 0                             | 5,400         | 15,000                 | 0                      | 0                          | 0                               | 20,400  |
| Other General costs             | 4,800                         | 10,800        | 15,000                 | 0                      | 0                          | 0                               | 30,600  |
| <b>GENERAL EXPENSES</b>         | 13,100                        | 23,100        | 37,960                 | 0                      | 0                          | 0                               | 74,160  |
| <b>TOTAL BUDGET:</b>            | 58,190                        | 236,620       | 147,674                | 0                      | 0                          | 0                               | 442,484 |