

# PROGRAMME UPDATE



International Federation of Red Cross and Red Crescent Societies  
Fédération internationale des Sociétés de la Croix-Rouge et du Croissant-Rouge  
Federación Internacional de Sociedades de la Cruz Roja y de la Media Luna Roja  
الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر

## RUSSIAN FEDERATION

14 May 2003

*The Federation's mission is to improve the lives of vulnerable people by mobilizing the power of humanity. It is the world's largest humanitarian organization and its millions of volunteers are active in 178 countries. For more information: [www.ifrc.org](http://www.ifrc.org)*

*Appeal N° 01.84/2003*

*Appeal Target: CHF 8,131,011*

*Programme Update N° 1; Period covered: 1 January - 31 March 2003*

### IN BRIEF

*Appeal coverage: 33.9%*

*Related Appeals: N/A*

*Outstanding needs: CHF 5,376,868*

#### **Operational Developments •**

During the reporting timeframe, the Federation Moscow delegation continued to support the Russian Red Cross (RRC) in accordance with the objectives outlined in the Annual Appeal. The Strategic Plan of Development 2010 was adopted by the RRC in February 2003. Core activities remain the elements of the Health and Care programme, in particular TB. The Federation Delegation and Russian Red Cross (RRC) continue to raise the profile of the Red Cross and to promote the humanitarian values and Fundamental Principles of the Movement.

#### **Disaster Management •**

Projects designed to meet the object are: Population Movement (funded by Swedish Red Cross); Children's Playrooms in Ingushetia (funded by British Red Cross); Food Security (partially funded by Japanese Red Cross); Disaster Preparedness (partially funded by British Red Cross).



*The Red Cross provides all kinds of toys, books and games that many migrant children have never seen before in their lives.*

**Programme Objective: The organizational and management capacity of the Russian Red Cross at all levels is strengthened in all disaster management areas through closer integration of the Federation's**

**logistics and relief experience. The transfer of Federation's experience to the RRC in these regards and via the realisation of projects entailing hands-on service delivery, are carried out by the regional committees of the RRC and coordinated by its headquarters.**

Disaster Response and Preparedness capacity remain minimal at the local level. However, during the reporting period the Russian Red Cross (RRC) Headquarters officially appointed an experienced Head of Disaster Management, indicating a proactive move towards strengthening RRC capacity in this field. RRC staff at all levels continues to manage and coordinate disaster response operations in cooperation with the Federation Delegation, particularly in the field of emergency operations. In addition, ongoing activities in the regions maintain and build upon existing capacities, through training of staff and developing closer cooperation with RRC Headquarters and Federation Delegation Relief and Logistics experts. Efforts continue in the regions to sustain existing programmes while further funding is sought.

The reporting period was marked by severe fires in two Russian schools in the Republics of Yakutia and Dagestan on 7 and 10 April: 28 children were killed in a boarding school for invalid children in Makhachkala, Dagestan, and 22 died in a secondary school of Sydybyl settlement, Yakutia. The Federation released CHF15000 DREF funds to support children affected by the fire in Yakutia. American Red Cross will support those affected in Dagestan (see below for details).

The DREF funds will cover the costs of procurement currently underway of children's clothes and hygienic kits, and transport of the items to the region. The number of beneficiaries in Dagestan Republic is expected to be in the region of 160 children.

RRC Dagestan demonstrated organizational capacity in the field of Disaster Response by a swift reaction to the disaster. The chairperson of the RRC Dagestan branch visited Makhachala immediately following the disaster together with ICRC employees and subsequently an assessment of needs was conducted. The decision was made to procure relief items as detailed above. In the meantime, the RRC Dagestan branch organised blood donations from students and volunteers of the local Red Cross youth movement.

In Yakutia, cooperation with the Ministry of Health in making a preliminary assessment of the situation indicates good relations between RRC Yakutia and the local State institutions. In addition, local branch capacity is demonstrated through the actions of the volunteers and staff who continue to seek donations in money boxes and have opened a special account for public donations. Donated food aid was immediately allocated to the families of the affected children.

All operations are managed by RRC Headquarters in close cooperation with the Federation Delegation.

### **Bilateral**

The American Red Cross has accessed 15,000 USD from the Church of Latter day Saints. American Red Cross is coordinating with the Federation on relief operations in the region. The Federation will fund relief operations in Yakutia while American Red Cross funds the operation in Dagestan. RRC are currently proceeding with tender and procurement of the following items: children's sportswear clothes; hygiene kits (soap, shampoo, toothpaste and brush, towels); bed linen; blankets; school kits (various stationary and school bag). Sportswear has been selected as most appropriate form of clothing as it is unisex, and therefore cheaper to buy wholesale, and suitable to the present climate in Dagestan.

*For further details please refer to Information bulletin No. 1 at <http://www.ifrc.org>.*

### **Food Security**

Due to the transitional period the RRC is undergoing, and the recent appointment of a Head of Disaster Management at the Headquarters level, some delays have been experienced regarding implementation of the food security programme. However, finalisation and selection of appropriate beneficiary sites is expected early in the next quarter.

### **Outside the appeal**

The RRC with Federation support continues to run programmes in accordance with the objectives of the Emergency Appeal “Floods in the Northern Caucasus and South of Russia”. Distributions of relief items to people affected by the floods were completed during the reporting period. The emergency programme is strengthening the RRC in the regions in accordance with the Appeal objective, by providing logistical and relief experience to local staff with technical support from the Moscow delegation and the RRC Headquarters.

*For further information please see the operation updates for appeal 20/2002.*

**Children’s Playrooms in Ingushetia**

The RRC continues to work in cooperation with the Federation and ICRC on the “Children’s Playrooms in Ingushetia” project. The project assists over 17,801 of the 200,000 people who migrated to territories in the North Caucasus and Southern Russia as a result of the Chechen conflict. Six playrooms in Bella and Sputnik camps supported by the Federation and funded by British Red Cross Society provide much needed educational and psychological support to children of preschool age (3-6 years).

During the reporting period, all children attending were re-registered (the first registration occurred in September 2002), and playroom attendance figures were recorded as below:

*Table 1. Number of Children attending playrooms in “Sputnik” and “Bella” camps*

	Number of children attending the playrooms		
	“Sputnik”	“Bella”	Total
January	2,272	3,395	5,667
February	1,998	4,126	6,124
March	1,829	4,181	6,010
Total	6,099	11,702	17,801

Celebration parties and distributions of small gifts were held at the playrooms on 8th March for International Women’s Day, attended by mothers and children, and plans are underway to hold similar celebrations on 1st June for International Children’s day. In September 2003, 29 children attending playrooms at Sputnik camp and 75 attending those at Bella camp will reach school age. There are tentative plans to provide these children with school sets and stationary kits to reduce the financial pressure on families. In addition, at the request of parents trainers are teaching some children Russian language to facilitate social integration. At present the majority of the camp residents speak Vainakh, the native language of Chechnya.



*Milana, one of the Russian Red Cross psychologists and a Chechen migrant herself living in a tent camp, reading and showing pictures from a book of fairy tales.*

The future of the playrooms remains a matter of concern. The government plans to accommodate the 40,000 Ingushetians from Chechnya in a so-called “buffer zone” on the border of Chechnya and Ingushetia. In this case, the playrooms could continue to provide support to Ingush children. Thus the capacity of RRC could be sustained.

The programme continues to improve management capacity of the RRC in the region through training by psychologists of project employees and maintaining of continuous feedback with the psychologists working on the programme.

*For further details please refer to the Annual appeal No. 01.84/2003*

### **Disaster Preparedness**

During the reporting period, job descriptions were prepared for staff within the officially recognised Disaster Management department. A plan of activities for 2003 was prepared and approved by the RRC Headquarters Committee and sent to the branches. The following activities also took place:

- The emergency report format and methodology was prepared and sent to the regions.
- A proposal was submitted to the Russian Federation Ministry of Health and to Emercom (the Ministry of Emergencies) to organise cooperation between the State and RRC. RRC proposed the use of RRC trained sanitary teams at times of disaster emergency response.
- 3 regional representatives from RRC branches attended the Regional Disaster Response Team (RDRT) workshop in Almaty, Kazakhstan.
- computers and internet were installed and connected at RRC NHQ
- The process of writing programme descriptions was begun for First Aid and Disaster Preparedness within the Western Siberia programme (funded by DFID/ British Red Cross).

The Federation Delegation continues to assist and support RRC in all activities and strategic planning for Disaster Preparedness activities over the coming year.

### **Population movement**

During the reporting period funding for this part of the programme came to an end. However, activities as indicated in the Annual Appeal continue in regions where the RRC branches have secured internal funding to maintain staff levels. The Federation hopes to secure funding in the near future to ensure the continuation of this much- needed project.

Due to an underspend in 2002, funds were available to continue the tender and procurement of so-called “migrant sets” to benefit Internally Displaced People (IDPs) and other vulnerable groups in nine regions. (Procurement and distribution was completed by branches in four of the regions in 2002). Branches selected the “migrant set” contents in accordance with local needs. Details on completed distribution will be provided in the next report.

### **Humanitarian Values •**

Projects designed to meet the object are: Raising the Profile of the RRC and Volunteer Mobilization (partially funded in Western Siberia by the British Red Cross/DFID); RRC magazine (not funded).

**Programme objective: The institutional capacity and public profile of the Russian Red Cross in society and in governmental circles is improved through advocacy in the areas of humanitarian values, and the Movement’s fundamental principles, ideals and values are developed in order to assist in the formation of a strong civil society in Russia.**

Despite significant lack of funding, the Delegation information officer together with the RRC continued to promote humanitarian values and the public profile of the RRC throughout the reporting period, in particular with regard to RRC role in improving health and reducing TB- related stigma. Volunteers continue to work at branch level but ability to attract and keep new volunteers is lacking.

**Information related activities outside the appeal:**

- A meeting with an Information officer working in the RRC North-west zone, partner of the Norwegian RC, was held. It was decided to illustrate the joint activities of the RRC and Norwegian RC by placing photographs on the Federation's web site. Ten pictures were chosen, captions are now being translated, and the final versions will soon be sent to the Federation's Media Service.
- The Federation's tool for Red Cross- a Communications Guide - was translated and proof-read. A web-based design is currently being created.
- Please refer to "Health and Care" section for health-related information activities.

In the Western Siberia project, the advocacy/PR Campaign grant is being designed. Based on the outcomes of a RRC "Image Survey" conducted, as well as identification of particular needs within committees, the proposed PR strategy is focused on building an information work plan (planning and organizing campaigns, actions, public presentation) within each committee that will raise the profile of the RRC as well as contribute to the improvement of public perception of RRC activities in a given region.

**Health and Care •**

Current funded programmes are: VNS within the RRC Health Strategy (Swedish Red Cross) and TB-HIV/AIDS (DFID/ British Red Cross; USAID). HIV/AIDS Peer education, Support to People Living with HIV/AIDS (PLWHA) and First Aid training are not funded within the Appeal. However, American Red Cross has launched a "Care and Support programme for PLWHA" in Irkutsk Oblast that works towards the Appeal objective by supporting RRC in the region and implementing the project through the RRC Youth volunteer network.

**Programme Objective: The Russian Red Cross is able to provide support to the most vulnerable in the area of basic health and care through activity aimed at strengthening the capacity of the regional committees and volunteer networks of the RRC.**

The TB programme continues to run successfully in the pilot regions. Dropout rates of TB patients leaving the Directly Observed Treatment Strategy programme (DOTS) remained significantly low at the end of 2002, indicating the effectiveness of the DOTS strategy implementation. Work has begun to expand RRC activities in the sphere of HIV/AIDS. There are tentative plans to replicate existing outreach and awareness projects, depending on the outcome of an assessment to be conducted of the current bilateral operation in Irkutsk (run by the RRC in cooperation with the Soros Foundation). Regarding cooperation with State institutions, the Visiting Nurses Service (VNS) Development Concept is encouraging recognition by the Ministry of Social Welfare of the role of the RRC VNS in providing social support. All health programmes continue to operate in cooperation with local, national and international organisations.

VNS within the RRC Health Strategy *Photo below: a Russian Red Cross visiting nurse watches a patient taking anti-tuberculosis drugs. According to the internationally approved TB control strategy, uninterrupted treatment control guarantees complete cure of a TB patient. Specially trained RRC visiting nurses carry out this control in 10 Russian regions.*



March was the last month of funding of the VNS programme. All funds have now been transferred to the RRC Headquarters Central Committee. During the reporting period, the draft of the VNS Development Concept was finalized and sent to the publishers, with publication due at the end of May. This concept paper was developed with the intention of creating a development strategy for the VNS, to be shared with the Ministry of Social Welfare to encourage further cooperation and inclusion into the State budget of the Visiting Nurses Service as a provider of social services.

The final Development Concept draft was completed at a round table meeting in March, in Kaluga, (near Moscow) organized by RRC Headquarters and attended by RRC Headquarters, senior Visiting Nurses from the targeted territories, and representatives from the Ministry of Social Welfare and other social welfare institutes. Questionnaires previously completed by the branches regarding current VNS activities, recommendations and related problems were discussed, and the results contributed significantly to the final draft. The published version will be shared among RRC branches, visiting nurses, and the Ministry of Social Welfare.

During the reporting period, RRC also published VNS journals for keeping patient and visit records, and certificates for Visiting Nurses on completion of courses and participation as trainers in Training of Trainers courses. The materials will be distributed to all Visiting Nurses in the next quarter.

This part of the programme continues to complement the overall objective, by making efforts to strengthen VNS, improve the quality of service offered and thus provide better care to the most vulnerable.

### ***TB and HIV/AIDS***



*A Russian Red Cross (RRC) psychologist is consulting a prison inmate with tuberculosis, who is expecting release soon. The psychologists provide emotional support but their main priority remains to persuade TB patients to continue the treatment process once they have been released from prison. One of the motivations to continue treatment is social support provided by the Red Cross. Another significant form of Red Cross assistance to the vulnerable is free of charge legal consultations.*

Funded work against TB and HIV/AIDS continued in 9 regions in the Russian Federation during the reporting period as indicated below:

*Table 2. Donor support and implementation timeframe of TB activities*

<b>Regions</b>	<b>Donor Support</b>	<b>Implementing timeframe</b>
Oryol	WHO	September 2001 - August 2003
Tomsk, Buryatia, Kemerovo	British Red Cross/ DFID	May 2001 - April 2003
Murmansk, Archangelsk	Norwegian Red Cross/ Norwegian Government	May 2001 - January 2003
Pskov, Belgorod, Khakassia	USAID	October 2001 - September 2003

The programme complements regional TB services, particularly in health education and promotion, involving the Visiting Nurses Services of the RRC in monitoring Directly Observed Treatment System (DOTS), and using social and nutritional support as treatment incentive for the most vulnerable patients. The programme continues to strengthen diagnostic capacities by supporting trained staff, new laboratory equipment and procedures. There is also a strong focus on raising public awareness of TB and HIV.

***Raising public awareness about the nature of TB, diagnosis and treatment by providing the general public, TB patients and at-risk groups with health information***

Informational and educational activities are a particularly important component of the Health and Care objective. A number of awareness raising activities took place during the reporting period:

In Tomsk

- RRC Regional branch and TB-control service carried out a ten-day campaign promoting the fight against tuberculosis under the title «Correct treatment restores health».
- Employees of the Tomsk Regional RRC branch presented 26 forty-minute lectures on TB preventive measures at schools, technical training colleges, technical schools and unemployment centres. Altogether 950 persons attended.

- RRC Youth branch conducted a “Week of Kindness”, fundraising for TB-patients in children's regional TB hospital: 47, 436, 37 Russian rubles were raised, and the money was used to buy toys, footwear, stationary, electrocardiograph equipment and clothes.

In Kemerovo

- “White Chamomile” project which includes: fund raising project; over 125 lectures on TB-control; 15 radio broadcasts; 35 telecasts; 22 published journal articles about activities of the RRC Regional Committee.
- RRC information-educational materials on TB preventive measures have been delivered to all medical establishments.

In Buryatia

- Three new information-educational materials prepared and issued: «Instruction to a TB- patient», «Dear ex-prisoner», «Dear young friend»
- Second edition printed of a collection of children's drawings on preventive measures and the fight against TB.
- Competition of children's posters ( 24 works have been collected)
- questioning of people in the streets of Ulan-Ude about TB was carried out - results showed significant improvement in awareness of the population regarding TB symptoms, methods of TB transmission and what to do in case of occurrence of TB symptoms. In 1999 similar questioning was held for the first time, with 16% of people interviewed correctly naming TB symptoms. This figure has risen to 65%.

In Murmansk and Archangelsk

- “White Chamomile” project (information activity devoted to promotion of World TB day) was organized for World TB day- this included a handicraft competition held between kindergarten students- items made were then sold at a charity fair to raise money for the RRC.

*Please also refer to “Health-related information activities” and “Outside the Appeal” TB activities*

**Social Support of TB patients of the target group**

Social support was carried out during the reporting period in the form of daily meals (hot meals and delivery of protein kits) and food parcels and hygienic kits. TB patients are selected to form a target group under RRC direct guidance according to the following criteria:

1. Medical indicators (according to World Health Organisation (WHO) classifications)
2. Social indicators (low income; single elderly people; invalids; large families; former prisoners; homeless)

During the reporting period 7 hot food points and 26 points of distribution of protein kits operated in Tomsk, Kemerovo and Buryatia. 1,005 patients received social support, 885 of whom received this in the form of hot meals or protein kits. Protein kits (containing cheese; yoghurt; butter; cottage cheese; milk; canned meat; fish and other foods) were only distributed in areas where there was no opportunity to provide hot meals. The composition of the protein kits was renewed regularly to ensure optimum impact.

*Table3. Patients receiving social help in Western Siberia*

		<b>Tomsk</b>	<b>Kemerovo</b>	<b>Buryatia</b>	<b>Total</b>
<b>Number of supported patients</b>					1005
<b>New cases</b>					
<b>Model of social support distribution</b>	Protein kit	Daily (Monday – Friday)	Daily (Monday – Friday)	Every other day	
	Hygienic kit	Once a month	Once a month	Once during treatment period	
	Hot meals	-	Daily (Monday – Friday)	Daily (Monday – Friday)	11827

<b>Number of protein kits distributed</b>	-	-	-	17949
<b>Number of food parcels distributed</b>	-	-	-	
<b>Number of hygiene kits distributed</b>	150	542	272	962

In addition to the above distributions, the following activities took place:

- 496 food parcels (including flour, cereals, sugar, condensed milk, canned beef) were distributed to TB patients in the target group in Tomsk, Kemerovo and Buryatia
- In Tomsk - Social support of 150 children via additional meals funded by Gazprombank (a Russian Federation bank)
- All points of distribution have a daily menu/ list of food stuffs included in kits, and informational and educational materials (posters, leaflets and booklets) on TB control and about organizations financing the TB programme.
- In Kemerovo and Tomsk, the local RRC branches continue distribution of second hand clothes and footwear.

*Table 4. Patients receiving social help in Murmansk and Archangelsk*

		<b>Murmansk</b>	<b>Archangelsk</b>	<b>Total</b>
<b>Number of supported patients</b>		110	200	310
<b>Model of social support distribution</b>	Protein kit	Daily (mon-fri)	Daily(mon – fri)	
	Hygienic kit	Once a month	Once a month	
	Hot meals	Daily (mon – fri)	Daily (mon – fri)	
<b>Number of protein kits distributed</b>				
<b>Number of food parcels distributed</b>		-	128	128
<b>Number of hygiene kits distributed</b>		40	99	139

In total, 1612 hot meals and 6796 protein kits were distributed throughout Murmansk and Archangelsk during the reporting period.

Social support is provided by 4 Visiting Nurses in Murmansk, funded by the programme, and by 14 Visiting Nurses in Archangelsk (8 of whom are funded by the programme, the remainder funded by the local administration). In Murmansk, Visiting Nurses worked with 119 beneficiaries at food distribution points and medico-social rooms and three beneficiaries at home. The number of beneficiaries includes 9 “traditional” patients (i.e. vulnerable people not suffering from TB).

The programme has been running in the region now since 1999. The low drop out rates of TB patients from the DOTS (Directly Observed Treatment System) indicates the programmes continuing success in treating recognised TB cases- figures for the last half of 2002 indicate a drop out rate of 3.6- 4.2% in Murmansk, and in Archangelsk a drop out rate of not more than 1%.

### ***Psychological and legal support of TB patients***

The overwhelming majority of TB patients are in a condition of acute or chronic stress. RRC is organizing a psychological service to assist people towards social reintegration.

In Kemerovo professional psychological help was provided by trained RRC staff to 203 persons during the reporting period (193 of whom are in the, and of these 191 are TB patients). All patients undergo primary psycho-analytical diagnosis. Those patients suffering from an aggravated emotional state (increased fear, aggression, and anxiety) and those who have difficulties with social interaction are the most frequent visitors to the psychologists. While the primary goal remains to motivate the TB patient to continue treatment, the consultancies (held on a one to one basis) and educational sessions also help improve social adaptation and

rehabilitation. Currently there is no official premises for the consultancies, which has prevented larger group consultancies from taking place.

In Buryatia professional psychological support was provided to 153 persons during the reporting period (145 of whom are in the socially vulnerable category, of these all are TB patients). The primary goal remains to motivate the TB patient to continue treatment, although support is given to people suffering from depression and those facing difficulties in social rehabilitation (often people recently released from prison).

In the operating regions, psychological consultation is available in the capital city of the region only. Psychological support is not included in the TB programmes in Tomsk, Murmansk and Archangelsk.

### ***Legal support***

Legal support is provided in the capital cities of the regions (Tomsk, Kemerovo and Buryatia). Beneficiaries include TB patients, the local population, and homeless people, as indicated below:

*Table 5. Legal support beneficiaries in Kemerovo, Buryatia and Tomsk*

<b>Region</b>	<b>General number of references</b>	<b>TB patients</b>	<b>Local population</b>	<b>Homeless people</b>
<b>Kemerovo</b>	78	65	8	22
<b>Buryatia</b>	44	29	34	2
<b>Tomsk</b>	36	13	36	4
<b>Total</b>	158	107	78	28

Cooperation between legal advisors and psychologists appears to offer the greatest benefit to the concerned population, as it allows access to both consultants in one sitting, and very often the beneficiaries in need of legal consultation require psychological support and vice versa. In Buryatia, legal advisors and psychologists visit the families of TB patients and participate in health educational activities. The legal advisors have recently participated in the preparation and publication of three booklets for TB patients and persons released from prisons.

The main requests the legal advisors encounter in their work concern the following:

- problems with housing (privatization, residence registration, provision of temporary habitation);
- privileges stipulated by the legislation of the Russian Federation for TB patients and HIV-infected, including inmates of corrective-labor establishments;
- employment ( enrollment and transfer, restrictions of employment, employment and dismissal, seniority);
- issue of passports and restoration of lost documents,
- assignment of grants and privileges to certain social categories of citizens;
- family and pension legislation of the Russian Federation;
- receipt of citizenship of the Russian Federation.

### ***Health-related information activities***

#### ***World TB Day***

The main event during the reporting period was the launch of the World TB Day on 24 March and the activities surrounding it. Since the middle of January, the Delegation's Information Officer has been regularly participating in WHO World TB Day co-ordination meetings including representatives of 25 national and international, state and public organisations working in the field of tuberculosis in Russia. A joint plan of action was established. The Delegation was responsible for organising a press conference on behalf of the organising committee, and together with the Russian Red Cross (RRC) for holding a poster

competition among school children, and developing four video clips for television on TB awareness. RRC/Delegation was also involved in other joint activities as detailed below:

1. The press conference on World TB Day with the participation of the Chief TB doctor of the Russian Federation, representatives from the Russian Federation (RF) Ministries of Health and Justice and WHO in Russia, as well as representatives of central TB institutes, RRC, the Federation Delegation, Merlin, Partners in Health and regional association of TB patients took place on 21 March. Despite the Iraq issue, the event drew the attention of 15 media representatives. Red Cross information materials were distributed at the press conference. RRC work in the field of psychological and legal consultations to prisoners with TB was discussed and stressed as an achievement by the Ministry of Health.
2. A poster competition on TB-related themes among 10-15 year old school children took place in March in 17 pilot regions where TB programmes are implemented, including nine Red Cross regions with results being finalised on 19 March by the organising committee at WHO. The first place was given to an 11-year old orphan from Khakasia, who was invited to Moscow to attend the charity concert and prize giving ceremony.
3. Four video clips for television on TB awareness were developed and filmed during the reporting period. They are now in rotation on central TV stations in Russia, and will soon be sent to the regions for rotation on local channels.
4. RRC TB programme manager participated in a round table discussion on radio "Govorit Moskva" on 20 March along with five other representatives from Russia's regional association of TB patients, Institute of phtysiopulmonology, WHO, RF Ministry of Justice and Ministry of Health, speaking about the importance of the social component in TB treatment and information dissemination. The Head of Russia Delegation took part in another round table radio programme at "Voice of Russia" station along with the representatives of WHO and USAID, discussing the need for international assistance in the fight against tuberculosis in Russia.
5. A charity concert of classical music devoted to the World TB Day was held on 24 March. Federation Delegation's HoD gave a short speech at the official ceremony before the concert along with the representatives of WHO, DFID and RF Ministry of Health. RRC visiting nurses were collecting donations in money boxes and distributing information materials on tuberculosis, giving out a white camomile made of paper to everyone who made a donation. Federation's video "Where the streets have no name..." was shown in the lobby before the concert. The funds raised at the concert were donated to a Children's TB hospital.
6. From 12 to 14 March, Delegation's Information officer undertook a field trip to Pskov, one of TB pilot regions. There, a visit to one of the prisons where Red Cross is implementing psychological and legal consultations was held. TB-related information activities were discussed with the Chief TB doctor for prisons, including a creation of audio information on TB awareness for prisoners. Photos from the field trip on RRC work in prisons were included in the press kit for the World TB Day press conference.

In addition, the Delegation/RRC implemented the following activities:

- Audio information on TB awareness was developed and put in rotation free of charge at 126 metro stations in Moscow.
- A banner on World TB Day was created and placed free of charge on 10 billboards on the Moscow to "Domodedovo" airport road.
- 10,000 new TB leaflets developed by the Delegation's Medical officer were printed. Some were distributed at the press conference and charity concert, the rest were sent to the regions.
- RRC TB programme manager took part in a television programme called "Prison and Freedom" at one of the all-Russia TV channels, speaking about Red Cross anti-TB work in prisons.

- RRC Press officer placed information and photos on World TB Day on the Internet and produced an information bulletin “Red Cross News” covering the issue.
- Considerable numbers of Red Cross information materials were shared with Russia’s regional association for TB patients and Moscow’s central TB centre for further distribution among TB patients and their relatives.
- Possibilities of launching a “Flyer Card” campaign for 8 May in Moscow and in the regions on HIV-related stigma and discrimination were assessed.

All the activities contributed towards achievement of the programme objective, through raising awareness of the RRC role within the sphere of TB work and of TB infection and prevention.

**Outside the appeal:** The American Red Cross secured funding for a 3-year care and support programme for 11,500 persons living with HIV/AIDS (PLWHA) in Irkutsk oblast. The programme was launched in January 2003 by the local RRC branch with management and technical support from American Red Cross delegation staff in Moscow and Irkutsk. The objectives are as follows:

- improved community support to children affected by HIV/AIDS.
- improved access by HIV + mothers to interventions to reduce mother to child transmission.
- improved sustainability of community based care for PLWHA.
- increased access of PLWHA to appropriate care and support.

During the reporting period, outreach surveys were conducted to identify beneficiaries, and agreements and partnerships formed between RRC and local AIDS centres and organisations. Preparations are being made for the opening of a medico-social centre in May to provide support to PLWHA, children born from HIV positive mothers, and their friends and family. Development of training modules for training counsellors and nurses to support PLWHA and their families is underway.

**Outside the Appeal:**

USAID granted the Federation three- year funding to support the Federation and RRC activities in the Russian Federation. The grant supports a programme that aims to develop an effective, comprehensive, sustainable and replicable model of TB control in three regions (Pskov, Khakasia and Belgorod) in partnership with the regional authorities.

The project has five objectives:

- Assisting regional authorities to develop an effective TB control system;
- Assuring access to care and follow-up for the most vulnerable TB patients, using social/nutritional support as incentives to increase adherence to treatment;
- Facilitating improved links between prison and civilian TB services;
- Increasing preventive awareness among the general population of TB, HIV/AIDS, sexually transmitted infections and promotion of healthy lifestyles;
- Strengthening the institutional capacity of Russian Red Cross (RRC) and its Visiting Nurses Service.

The programme complements the Appeal objective, working in cooperation with regional TB services to provide TB programming support to the most vulnerable people in the region.

*Table 6. TB activities in Pskov, Belgorod and Khakasia*

		<b>Pskov</b>	<b>Belgorod</b>	<b>Khakasia Republic</b>
<b>Number of supported patients</b>		139	27	122
<b>New cases</b>		60	27	75
<b>Model of social support distribution</b>	Food parcel	Quarterly/twice a quarter	-	Twice a month

	Protein kit	Daily/three times a week	Daily/three times a week	Daily/three times a week
	Hygienic kit	Quarterly	-	quarterly
<b>Number of protein kits distributed</b>		4160	1064	2091
<b>Number of food parcels distributed</b>		20	-	152
<b>Number of hygiene kits distributed</b>		20	-	86

In Pskov:

- 12 visiting nurses (8 funded by USAID; remaining staff funded by local authorities and RRC local branch).
- 38 lectures and 83 talks on TB prevention for 3073 people.
- 1369 brochures and 312 posters were distributed on TB prevention.
- 22 articles about TB were published in the newspapers and 2 articles on the web.
- 94 psychological consultations (of which 76 are given to TB patients, and 10 to TB patients receiving psychological consultations in prison).
- 91 legal consultations, including 60 to TB patients.

In Belgorod:

- 8 visiting nurses (8 funded by USAID).
- 5000 leaflets “Stop TB” and 5000 booklets “Fight against TB in three regions” were published.
- 17 people received legal consultations.
- psychological consultations provided by Red Cross trained psychologists working on the Population Movement in the region.
- equipment (computers; fax machines; photocopier; UV lamps) and 2 vehicles for civil and penal TB service were purchased.

In Khakasia Republic

- 20 visiting nurses (10 funded by USAID; remaining staff funded by local authorities and RRC local branch).
- 28 people received legal counselling.
- 18 psychological consultations were provided, including 12 to TB patients.
- 20 volunteers, out of them 11 permanent.
- equipment and vehicles for civil and penal TB service were purchase.

During the reporting period the following activities took place:

- A new normative act, regulating the microscopy methodology in diagnosis of tuberculosis, was issued by Health Authorities at the Belgorod Regional level.
- A new normative act, regulating the implementation of the TB programme in the Region, was created and approved at Khakasia and Belgorod regional level
- a three week Training session “Organization of the fight against TB on regional level” was held in Pskov (from 21-25 October,2002), in Belgorod (from 10-14 February 2003) and in Khakasia
- Training for laboratory workers was held in Belgorod (from 10-14 February 2003) and Khakasia (from 3 to 6 March, 2003)
- Reports on newly reported cases of TB were received.
- The purchase of necessary laboratory equipment commenced and the final shipment for Pskov dispensary took place
- Monitoring visits to the three regions by supervisors took place in February/March /April 2003
- Activities related to World TB day celebration on 24 March, 2003

*Please see Health-information related activities section for details.*

- hardware (cars, computers, etc.)was provided for Khakasia and Belgorod institutions (TB dispensaries and penal establishments) as well as for Russian Red Cross Regional branches in Khakasia and Belgorod.

- RRC continued to provide social, psychological and legal counselling for TB patients.

### **Organizational Development •**

**Programme objective: To assist the Russian Red Cross in developing its organizational capacity through joint planning, consultation, and coordination in the areas of strategic, legal-normative, financial management, fundraising development, and strengthening of its existing legal network.**

Projects designed to meet the objective are: RRC Strategic Development; Legal-Normative documents; Financial Management Improvement; Financial Resource Mobilisation; Strengthening of the RRC Legal Network.

In February, following lengthy discussions, RRC adopted the Strategic Plan of Development (SPD) 2010, which is to be followed by the drafting of the respective Operational Plans of Development at the headquarters and regional level.

The position of programme coordinator within the delegation has remained vacant since the departure of the respective delegate in April 2002. The delegation decided to appoint a regionally-recruited senior officer in April 2003, to focus on all programme co-ordination, including OD components. The decision to recruit regionally was based on the successful recruitment of a project manager for the British Red Cross- funded programme in Western Siberia.

Discussions are underway to hire a “consultant” seconded by the Federation Delegation to assist the National Society in OD and strategic planning.

Representatives of the Federation Delegation relief department conducted a comprehensive 2-days training on standard Federation disaster response and logistics procedures, attended by core staff of Krasnodar and Adygeya regional branches of Russian RC, enhancing their operational capacity as well as effectiveness of emergency response interventions.

*Further details are provided in the Disaster Preparedness section of this Programme Update.*

### **Coordination and Management •**

**Programme objective: Support is provided to the Russian Red Cross in its development, particularly with respect to coordinating interaction with partner national societies, other donors and agencies and to providing support to the Russian Red Cross in realization of its objectives in the core areas of the Federation’s strategy 2010.**

The Federation Delegation maintains its role in coordinating relations between the Movement’s components (Federation, ICRC, RRC and Participating National Societies). One of the key ambitions in this respect is to ensure a standard and cohesive approach towards programme planning and implementation throughout the country’s eight zones, where PNS support is allocated zonally rather than by programme. The ability to ensure this cohesive approach is achieved through the Federation’s continuous support towards the Russian Red Cross activities as well as involvement in multi-lateral and bi-lateral co-operation initiatives at all levels.

The Norwegian Red Cross finalised deployment of a field delegate to Murmansk at the end of January. The Norwegian Red Cross continues to support RRC within the framework of the Nordic-Russian co-operation agreement. A new RRC co-ordinator covering 12 regions in the North-West part of the country has been appointed. A participatory recruitment process was used, involving all key stakeholders in the selection process. Discussion on issues related to current co-operation continued during the visits of the Norwegian and Swedish desk officers during February and March. In March, the President of the Swedish Red Cross paid a protocol visit to Russian Red Cross headquarters while on other business in Moscow.

At the end of January the American Red Cross appointed a health delegate based in Irkutsk to support the current branch project “Care and Support for People Living with HIV/AIDs” (PLWHA). The delegate is an employee of the American Red Cross project in Russia, and remains under the Federation umbrella, receiving all respective support.

The Federation Delegation continues its involvement in the British Red Cross-funded project activities in Western Siberia ensuring sufficient technical and operational support is provided to the RRC project coordinator. The British Red Cross desk officer visited RRC headquarters, the Federation Delegation and project implementation sites in March 2003.

A group of CIDA representatives conducted a situation assessment in the Far North East region of the Russian Federation, exploring the emerging needs as well as potential areas for co-operation with RRC with Federation support. CIDA met with RRC, ICRC and the Federation delegation, and assessment results are expected during the next quarter.

Two meetings on general issues and broader interventions between Federation and ICRC Delegation representatives took place during the reporting period, with a specific focus on tri-lateral (RRC, Federation and ICRC) projects in the Northern Caucasus regions. In addition, discussions continue with regard to the reestablishment of regular co-ordination meetings on North Caucasus between the Federation, ICRC and RRC.

The Federation Delegation pursued co-operation with other international organisations through meetings with ECHO and WHO on disaster response and health-related issues respectively. An initial meeting with the USAID-funded NGO “Healthy Russia” (information support, creating database of organisations working in the health sector) will hopefully contribute to raising the profile of Russian Red Cross as one of the key organisations involved in health education activities throughout the country.

The internal structure of the Federation Delegation was further adjusted in response to the increasing complexity of the programme activities and co-operation agreements. Newly opened positions of reporting and senior officers were announced and candidates appointed in accordance with standard Federation procedures. The services of the Delegation’s health department have been further enhanced through recruitment of the second TB programme assistant, who will concentrate on strengthening the coherence between RRC and TB-dispensary records of TB patients. The role of the finance officer has expanded to include all responsibilities of the finance delegate, who departed in March.

At the end of the reporting period the Delegation staff concentrated on planning a Partnership Meeting, scheduled to take place at the beginning of April. *Please refer to the next programme update for details.* Heads of the Russia and Minsk Federation Delegations also participated in 2+2 strategic planning meeting with involvement of the regional officer and representative of the Federation Secretariat OD department.

Terhi Heinasmaki, Senior Health Officer, recently conducted a monitoring trip in the Russian Federation from 20th- 24<sup>th</sup> December 2002. The following programmes were discussed: Healthy Russia 2020; Co-operation in HIV/AIDS activities between Lithuania and Russia-Kaliningrad; RRC VNS Development in Taimyr Kray (North Siberia); Arhangelsk-Murmansk TB/HIV programme; Astrakhan TB/HIV programme; Ivanovo TB/HIV programme; Oryol TB/HIV programme; Samara TB/HIV programme; Western Siberia (Buryatia, Kemerovo, Tomsk); USAID-funded TB/HIV programmes (Belgorod, Khakassia, Pskov).

### **International Representation/Advocacy/Public Information •**

The Federation Delegation continued to raise the profile of the RRC through press-conferences and information campaigns, organised on the occasion of World TB Day jointly with WHO and USAID representatives. In March, Federation and RRC representatives participated in the first sitting of UN extended working group on HIV/AIDs-related issues, also attended by representatives of UNDP, UNHCR, WHO, UNICEF, DFID, MSF and other international and national NGOs. Further joint involvement in international and public events is foreseen to advocate for emerging needs of the country’s population and

promote the role of the National Society with regard to the government, non-governmental national and international organisations.

**Outstanding needs •**

- An RRC legal normative base.
- Financial management improvement.
- Financial resource mobilization.
- Legal support to the RRC network.
- VNS development
- Support for people with HIV/AIDS.
- CBFA First Aid training.
- TB/HIV/AIDS/VNS.

*For further details please contact: Miro Modrusan, Phone: 41 22 730 4324; Mobile: 41 79 217 3329 Fax: 41 22 733 03 95; email: miro.modrusan@ifrc.org*

*All International Federation Operations seek to adhere to the Code of Conduct and are committed to the Humanitarian Charter and Minimum Standards in Disaster Response (SPHERE Project) in delivering assistance to the most vulnerable.*

*For further information concerning Federation operations in this or other countries, please access the Federation website at <http://www.ifrc.org>*

# Russian Federation

ANNEX 1

APPEAL No. 01.84/2003

## PLEDGES RECEIVED

15.05.2003

DONOR	CATEGORY	QUANTITY	UNIT	VALUE CHF	DATE	COMMENT
-------	----------	----------	------	-----------	------	---------

### CASH

					<b>TOTAL COVERAGE</b>	
REQUESTED IN APPEAL CHF ----->				<b>8'131'012</b>	<b>33.9%</b>	
CASH CARRIED FORWARD				260'277		
AMERICAN - GOVT/USAID		1'300'000	USD	1'807'650	08.12.2002	INFECTIOUS DISEASES
BRITISH - GOVT/DFID		157'500	GBP	363'558	10.12.2002	WEST SIBERIA - TB PROGRAMME
BRITISH - RC		40'000	GBP	85'920	05.03.03	PLAYROOMS INGUSHETIA
BRITISH - RC		7'000	GBP	15'036	05.03.03	REPORTING OFFICER MOSCOW
BRITISH - GOVT/DFID		96'331	GBP	206'919	12.03.03	EASTERN SIBERIA, PHASE II
SUB/TOTAL RECEIVED IN CASH				2'739'360	CHF	33.7%

### KIND AND SERVICES (INCLUDING PERSONNEL)

DONOR	CATEGORY	QUANTITY	UNIT	VALUE CHF	DATE	COMMENT
JAPAN	DELEGATE(S)			14'784		
SUB/TOTAL RECEIVED IN KIND/SERVICES				14'784	CHF	0.2%