

PROGRAMME UPDATE



International Federation of Red Cross and Red Crescent Societies
Fédération Internationale des Sociétés de la Croix-Rouge et du Croissant-Rouge
Federación Internacional de Sociedades de la Cruz Roja y de la Media Luna Roja
الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر

SAO TOME AND PRINCIPE

24 June 2004

The Federation's mission is to improve the lives of vulnerable people by mobilizing the power of humanity. It is the world's largest humanitarian organization and its millions of volunteers are active in over 181 countries. For more information: www.ifrc.org

In Brief

Appeal No. 01.47/2004; Programme Update no. 01, Period covered: January to March 2004; Appeal coverage: 0.0%; Outstanding needs: CHF 172,558 (USD 129,597 or EUR 111,077).
[\(click here to go directly to the attached Contributions List \(also available on the website\)\).](#)

Appeal target: CHF 172,558 (USD 129,597 or EUR 111,077)

Related Emergency or Annual Appeals: [Central Africa sub-regional programmes Appeal no. 01.48/2004](#)

Programme summary: The [São Tomé and Príncipe Red Cross](#) carried out activities related mostly to the promotion of humanitarian values. National society volunteers gave special attention to the elderly to show that human beings are dignified and deserve respect from each other. In São Tomé and Príncipe, there are many old people who are victims of discrimination related to cultural believes.

The Spanish Red Cross which is the main partner of the national society has been supporting this national society in its efforts aimed at assisting the elderly such as construction of houses for them. The income of the national society is mostly accrued from lottery. Equatorial Guinea does not stand major risks of disaster but the national society has been training its volunteers in community-based first aid and putting in place early alert teams to protect communities.

For further information specifically related to this operation please contact:

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- In Cameroon: Roger Bracke, Federation Head of Central Africa Sub-Regional Office, Yaoundé; Email ifrcem06@ifrc.org; Phone 237.221.74.37; Fax 237.221.74.39
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This Programme Update reflects activities to be implemented over a one-year period. This forms part of, and is based on, longer-term, multi-year planning (refer below to access the detailed logframe documents).

All International Federation assistance seeks to adhere to the [Code of Conduct](#) and is committed to the [Humanitarian Charter and Minimum Standards in Disaster Response](#) in delivering assistance to the most vulnerable. For support to or for further information concerning Federation programmes or operations in this or other countries, or for a full description of the national society profile, please access the Federation's website at <http://www.ifrc.org>

Operational Developments

After their participation in regional meetings on planning, executives of the São Tomé and Príncipe Red Cross have been able to identify the following long-term priorities.

Operational capacity building of the national society

- Carrying out organizational development of the local branches by providing appropriate training for more volunteers and improving their management skills
- Teaching executives how to develop and manage essential, pertinent, and coherent programmes

Development of community-based health

- Dissemination of the [ARCHI 2010](#) strategy in local branches
- Involving volunteers in awareness campaigns against epidemics
- Improving on hygienic conditions (water and sanitation)
- Disaster and conflict preparedness and response
- Training volunteers in community-based first aid and disaster preparedness
- Training volunteers in order to set up an early alert team (disaster preparedness)

This is a non-exhaustive summary of the national society's priorities. The national society is yet to define its strategic plan that will clearly state its main priorities taking into consideration the areas that have already been covered or are supposedly covered by its partners. Beneficiaries are expected to be involved at each step of the planning process.

The Federation Central Africa Sub-Regional Office in Yaoundé, Cameroon has been insisting on the necessity to develop a comprehensive cooperation agreement strategy (CAS). It is hoped that this will be approved by all the partners of the national societies in Central Africa and serve as a framework within which pertinent programmes related to humanitarian action and capacity building will be developed. Unfortunately, this is yet to be put in place due to the limited number of partner-supported Red Cross activities and the insufficient resources required for the smooth drafting and implementation of pertinent strategies.

Health and Care

Goal: The social and health conditions of the people of São Tomé and Príncipe are improved, thus reducing their vulnerability.

Objective: Target populations working with the programme adopt new attitudes and behaviors that reduce health risks and make greater use of the national society's health care and social action..

No activities were carried out in health and care

Disaster Management

Goal: The people of São Tomé and Príncipe are less vulnerable in the face of disasters.

Objectives: The technical disaster management expertise of a national team is improved in water and sanitation and epidemic management, mechanisms are established for the national society to receive an ERDAC¹, [FACT](#) or [ERU](#), and the disaster prevention, preparedness and response capacities of local branches located in high – risk areas are improved.

The national society organized several training sessions on community-based first aid (CBFA) and set up early alert teams of volunteers (disaster preparedness).

¹ ERDAC - Equipe de Réponse aux Désastres en Afrique Centrale (French) ; Regional Disaster Response Team (English)

Humanitarian Values

Goal: Discrimination of the elderly is eradicated.

Objective: With the help of sensitization campaigns from the media, theatre troupes and national/international celebrities, the general public understands the rights of the elderly.

The national society pursued its programme on the elderly through construction of more houses for the vulnerable people to preserve their health.

Organizational Development

Goal: The performance of the São Tomé and Príncipe Red Cross improves in core areas of Strategy 2010.

Objective: The financial capacity of the national society is strengthened to enable it to cover basic expenses and the cost of implementing its programmes.

Currently, the national society has a two-year development plan. This was elaborated after a planning process that failed to fully involve all the stakeholders in Red Cross programmes, namely communities, volunteers, government authorities, and other partners. Consequently, the following key points were left out: performance indicators, criteria and methods of assessment, follow-up and management procedures.

In spite of these weaknesses, the national society has been able to clearly define its vision, goals, and objectives through its development plan.

The national society's executives and volunteers lack adequate know-how in programming and mobilization techniques. This is an obstacle to the fundraising process and prevents the national society from producing quality reports.

The national society's only financial support has been from the Spanish Red Cross and the ICRC. This support is inadequate for the national society to effectively carry out its activities.

International Representation

Goal: The general public, the authorities, the diplomatic corps and donors provide more support for the work of the Federation and the São Tomé and Príncipe Red Cross.

Objective: The general public, authorities, diplomatic corps and donors are well informed and have a better understanding and appreciation of the position of the national society and the Federation on humanitarian issues and activities.

Nothing special has been done in international representation.

[Contributions list below; click here to return to the title page and contact information.](#)

Sao Tome and Principe

ANNEX 1

APPEAL No. 01.47/2004

PLEDGES RECEIVED

23/06/2004

DONOR	CATEGORY	QUANTITY	UNIT	VALUE CHF	DATE	COMMENT
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CASH

					TOTAL COVERAGE	
REQUESTED IN APPEAL CHF ----->				172,558		0.0%
SUB/TOTAL RECEIVED IN CASH				0	CHF	0.0%

KIND AND SERVICES (INCLUDING PERSONNEL)

DONOR	CATEGORY	QUANTITY	UNIT	VALUE CHF	DATE	COMMENT
Note: due to systems upgrades in process, contributions in kind and services may be incomplete.						
SUB/TOTAL RECEIVED IN KIND/SERVICES				0	CHF	0.0%

ADDITIONAL TO APPEAL BUDGET

DONOR	CATEGORY	QUANTITY	UNIT	VALUE CHF	DATE	COMMENT
SUB/TOTAL RECEIVED				0	CHF	