

PROGRAMME UPDATE



International Federation of Red Cross and Red Crescent Societies
Fédération Internationale des Sociétés de la Croix-Rouge et du Croissant-Rouge
Federación Internacional de Sociedades de la Cruz Roja y de la Media Luna Roja
الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر

SAO TOME AND PRINCIPE

18 February 2005

The Federation's mission is to improve the lives of vulnerable people by mobilizing the power of humanity. It is the world's largest humanitarian organization and its millions of volunteers are active in over 181 countries. For more information: www.ifrc.org

In Brief

Appeal No. 01.47/2004; Programme Update no. 2; Period covered: April to September 2004; Appeal coverage: 0.0%; Outstanding needs: CHF 172,558 (USD 129,597 or EUR 111,077).

[Click here to go directly to the attached Contributions List, also available on the website.](#)

Appeal target: CHF 172,558 (USD 129,597 or EUR 111,077)

Related Emergency or Annual Appeals: Central Africa sub-regional programmes, 2005 Annual Appeal no. 05AA038 (includes Cameroon, Chad, Equatorial Guinea, São Tomé and Príncipe, and Central Africa sub-regional office) – http://www.ifrc.org/cgi/pdf_appeals.pl?annual05/05AA038.pdf

Programme summary:

The São Tomé and Príncipe Red Cross¹ pursued its activities with emphasis on the fight against HIV/AIDS and care of the elderly. In collaboration with the Spanish Red Cross, the São Tomé Red Cross constructed homes. Its volunteers have also provided needed support for the aged most of who are victims of discrimination owed to traditional beliefs.

Although São-Tomé does not stand major risks of disaster, the São Tomé Red Cross has trained volunteers in community-based first aid and established early alert teams so as to protect communities. Most of the national society's resources are accrued from lotteries.

For further information specifically related to this operation please contact:

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- *In Central Africa: Daniel Sayi HoRO ai. Email: ifrcm06@ifrc.org Phone: 002372217437*
- *In Geneva: Christophe Gropierre, Federation Regional Officer for West and Central Africa, Africa Department, Geneva; Email: christophe.gropierre@ifrc.org; Phone: 41 22 730 42 60; Fax: 41 22 733 03 95.*

This Programme Update reflects activities to be implemented over a one-year period. This forms part of, and is based on, longer-term, multi-year planning (refer below to access the detailed logframe documents).

All International Federation assistance seeks to adhere to the Code of Conduct and is committed to the Humanitarian Charter and Minimum Standards in Disaster Response in delivering assistance to the most vulnerable. For support to or for further information concerning Federation programmes or operations in this or other countries, or for a full description of the national society profile, please access the Federation's website at <http://www.ifrc.org>

¹ São Tomé and Príncipe Red Cross - <http://www.ifrc.org/where/country/check.asp?countryid=185>

Context and Operational Development

São Tomé and Príncipe is situated in the Gulf of Guinea with a population of 144,000; nearly one in seven (15%) are children under five. Within the last six months, the São Tomé and Príncipe Red Cross pursued its activities with emphasis on Health/AIDS and care for the elderly.

Inadequate resources have hampered the smooth implementation of the pertinent strategies and establishment of a Cooperation Agreement Strategy (CAS).

Health and Care

Goal: The social and health conditions of the people of São Tomé and Príncipe are improved, thus reducing their vulnerability.

Objective: Target populations working with the programme adopt new attitudes and behaviours that reduce health risks and make greater use of the national society's health care and social action services.

Achievements

- 22 volunteers in the Lemba district are trained in epidemic management (meningitis, cholera, water borne diseases, Ebola, measles and HIV/AIDS).
- 24 primary school teachers and 12 community members in the Lobata district received First Aid training. The participants' identification and preventive skills on AIDS, malaria, cholera, meningitis, tetanus, and measles are enhanced.

Fight against water borne diseases: 15 São Tomé Red Cross volunteers built 7 latrines and 5 tap stands.

Malaria Control: Conceived the idea of a joint project with the UNICEF to combat HIV/AIDS and malaria. While funding of the project is still pending, the national society registered 500 malaria patients from April to September 2004; 20 have since died.

HIV/AIDS Control: The São Tomé Red Cross volunteers launched a large scale sensitisation campaigns in prisons and high schools, reaching more than 30 detainees and guards, and 600 students. The volunteers distributed condoms and demonstrated how to use them appropriately.

Impact

In spite of limited resources, the public's disease prevention awareness is increased through the São Tomé Red Cross' sensitization efforts.

Disaster Management

Goal: The people of Sao Tome and Principe are less vulnerable in the face of disaster.

Objective: The technical disaster management expertise of a national team is improved in water and sanitation and epidemic management, mechanisms are established for the national society to receive an ERDAC, FACT or ERU, and the disaster prevention, preparedness and response capacities of local branches located in high-risk areas are improved.

Achievements

- 35 volunteers received first-aid training in June 2004.
- The São Tomé Red Cross organized several training sessions on community-based first aid (CBFA) and set up early alert volunteer teams (epidemic preparedness).

Impact

The volunteers' Disaster Preparedness and community-based first aid skills are enhanced.

Promotion of Humanitarian Values

Goal: Discrimination of the elderly is eradicated.

Objective: With the help of sensitisation campaigns from the media, theatre troupes and national/international celebrities, the general public understands the rights of the elderly.

Achievements

- The São Tomé Red Cross built 3 social houses to accommodate the elderly and improve their living conditions.
- The national society distributed food and clothing to 500 elderly people to maintain their health and dignity.

Impact

The elderly retain their dignity and the national society's visibility is increased.

Organizational Development

The São Tomé Red Cross two-year development plan has been designed to fill the gaps created after a planning process failed to fully associate all the stakeholders in Red Cross programmes. In this context, the development plan has strived to produce an efficient report highlighting the following points: performance indicators, criteria and methods of assessment, follow-up and management procedures.

After their participation in regional meetings on planning, executives of the São Tomé and Príncipe Red Cross identified the following long-term priorities:

- **Operational capacity building of the national society**
 - Carrying out organizational development of the local branches by providing appropriate training for more volunteers and improving their management skills
 - Teaching executives how to develop and manage essential, pertinent, and coherent programmes
- **Development of community-based health**
 - Dissemination of the ARCHI 2010 strategy in local branches;
 - Involving volunteers in awareness campaigns against epidemics;
 - Improving on hygienic conditions (water and sanitation);
 - Disaster and conflict preparedness and response;
 - Training volunteers in community-based first aid and disaster preparedness.
 - Training volunteers in order to set up an early alert team (disaster preparedness)

This is a non-exhaustive summary of the national society's priorities since it is yet to define its strategic plan explicitly stating its main priorities. Beneficiaries are expected to be involved at each step of the planning process.

Goal: The performance of the São Tomé and Príncipe Red Cross improves in core areas of Strategy 2010.

Objective: The financial capacity of the national society is strengthened to enable it to cover basic expenses and the cost of implementing its programmes.

Achievements

- Organised three district General Assemblies from August to October 2004.
- Participated in a Federation-organized CAS in July 2004. Fourteen Management Departmental staff attended the seminar aimed at strengthening management capacity.

Constraints

- Inadequate personnel and volunteer know-how in programming and mobilization techniques create an obstacle for the fund raising process and quality report production.
- There is inadequate funding for programme implementation, affecting the smooth implementation of activities. The national society's key financial supporters have been the Spanish Red Cross and ICRC.

International Representation

Goal: The general public, the authorities, the diplomatic corps and donors provide more support for the work of the Federation and the São Tomé and Príncipe Red Cross.

Objective: The general public, authorities, diplomatic corps and donors are well informed and have a better understanding and appreciation of the position of the national society and Federation on humanitarian issues and activities.

Achievements

There is no progress to report this period.

[Contributions list below; click here to return to the title page and contact information.](#)

Sao Tome and Principe

ANNEX 1

APPEAL No. 01.47/2004

PLEDGES RECEIVED

15/02/2005

| DONOR | CATEGORY | QUANTITY | UNIT | VALUE CHF | DATE | COMMENT |
|-------|----------|----------|------|-----------|------|---------|
|-------|----------|----------|------|-----------|------|---------|

CASH

| | | | | | TOTAL COVERAGE | |
|--------------------------------|--|--|--|---------|----------------|------|
| REQUESTED IN APPEAL CHF -----> | | | | 172,558 | | 0.0% |
| | | | | | | |
| SUB/TOTAL RECEIVED IN CASH | | | | 0 | CHF | 0.0% |

KIND AND SERVICES (INCLUDING PERSONNEL)

| DONOR | CATEGORY | QUANTITY | UNIT | VALUE CHF | DATE | COMMENT |
|---|----------|----------|------|-----------|------|---------|
| Note: due to systems upgrades in process, contributions in kind and services may be incomplete. | | | | | | |
| SUB/TOTAL RECEIVED IN KIND/SERVICES | | | | 0 | CHF | 0.0% |

ADDITIONAL TO APPEAL BUDGET

| DONOR | CATEGORY | QUANTITY | UNIT | VALUE CHF | DATE | COMMENT |
|--------------------|----------|----------|------|-----------|------|---------|
| | | | | | | |
| SUB/TOTAL RECEIVED | | | | 0 | CHF | |